

ALCOHOLICS ANONYMOUS

*This is the Fourth Edition of
the Big Book, the Basic Text
for Alcoholics Anonymous*



Alcoholics Anonymous The Big 4th Edition

J.P. Willson



Alcoholics Anonymous The Big 4th Edition:

Alcoholics Anonymous, Fourth Edition Alcoholics Anonymous World Services, Inc., 2013-12-04 Known as the Big Book the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939 Opening chapters articulate A A s program of recovery from alcoholism the original Twelve Steps and recount the personal histories of A A s co founders Bill W and Dr Bob In the pages that follow more than 40 A A members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous Whether reading passages at meetings reading privately for personal reflection or working with a sponsor the Big Book can be a source of inspiration guidance and comfort on the journey to recovery This Fourth Edition of Alcoholics Anonymous has been approved by the General Service Conference

The Book That Started It All Anonymous, 2013-09-03 An extraordinary reproduction of the original working manuscript of the Big Book of Alcoholics Anonymous with an introduction and notes by a panel of celebrated AA historians The Book That Started It All offers fresh insights into the history and foundation of the revolutionary Alcoholics Anonymous program Reproduced in this elegant gift edition the original working manuscript is the missing link in our understanding of what transpired between AA founder Bill Wilson s first draft of Alcoholics Anonymous and the first published edition In January 1939 Wilson and other AA founders distributed 400 copies of his typed manuscript to everyone they could think of who might be concerned with the problem of alcoholism to test out the program As the loan copies were returned suggestions for revision were considered and written out in colored pencil on one master copy that was eventually submitted for publication The many changes made in black green and red on page after page are shown here in their original form revealing the opinions debates and discussions that went into making the Big Book

Surrendered—The Sacred Art Rami Shapiro, 2019-07-23 To live the surrendered life a life no longer centered on control and hence no longer at odds with the ordinary suffering of everyday living Rabbi Rami closely examines the first three steps of Twelve Step recovery to help us cut through the denial illusions and falsehoods that bind us in our fight with addictions of all kinds He draws upon his half century engagement with Christianity Judaism Buddhism Taoism Hinduism and Islam as well as his own and other people s struggles in Twelve Step recovery to guide us in our awakening to reality s freedom and the path to living joyously and well

The James Club and the Original A. A. Programs Absolute Essentials Dick B., 2011-07-26 For years A A has quietly acknowledged primarily through one publication that the early A A pioneers in Akron believed firmly that the answer to all their problems was in the Good Book as they called the Bible A A cofounder Dr Bob said that all the basic ideas were taken from their study of the Good Book And he added many many times that the three parts of the Bible the old timers considered absolutely essential to their spiritual program of recovery were 1 The Book of James 2 Jesus s Sermon on the Mount Matthew 5 7 3 1 Corinthians 13 Paul s famous chapter on love You can find the foregoing remarks in A A s DR BOB and the Good Oldtimers in pamphlets published by Akron AA and in

several talks given through the years by Dr Bob himself And it was even his co founder friend Bill Wilson who spoke of the studies of James the Sermon and Corinthians the reading of these passages by Dr Bob s wife Anne to Bill and Bob and the fact that as Bill put it James was our favorite And he added that many favored calling the A A fellowship The James Club But this title offers a great deal more In three major parts it provides a detailed framework for studying each of the three Bible parts just as the A A pioneers did The reader can sit with his Bible open beside him his Big Book available for reference and Dick B s The James Club title before him He can study each of the three parts digest their messages compare with the A A program and its ideas and then apply these biblical truths in daily life in practicing the Twelve Steps and in understanding the miracles that the Creator Yahweh wrought when the pioneers read and believed The first part of the book covers Jesus Sermon on the Mount Matthew 5 7 which both Bill W and Dr Bob said contained the underlying spiritual philosophy of A A The title begins with the Book of James however Dick B details why it has primacy in the study based in part on its being the AAs favorite and in part on the ease with which it can be read and understood Yet the meat of this wonderful book of the Bible lies in its explicit formula for cure especially the cure of the alcoholic James speaks of patience He speaks of enduring temptation He speaks of seeking God s wisdom without doubting He speaks of temptation as the enticement which turns into sin and finally death He strongly suggests that the readers be doers of the word the Bible not hearers only deceiving themselves He spells out what doing the Word is It s about action it s about following the royal law of loving thy neighbor its about benevolent giving without respect of persons and with specific aim at the downtrodden it s about backing up one s faith with deeds works as James called them it s about guarding the tongue and guarding the thoughts and guarding the actions so that devilish thoughts and impulses do not take over and finally it s about the importance of prayer confession of faults and the Lord s forgiveness and about prayer for healings In a nutshell this book summarizes the whole pioneer approach in Akron and of course it has nothing to do with steps or a basic text or the Oxford Group For there were no Steps no Traditions no Big Books no drunkalogs and no meetings as we know them today It s about God s healing ministry as A A old timer Clarence Snyder put it Then there s 1 Corinthians 13 and its relationship to Henry Drummond s famous treatise The Greatest Thing in the World

Namaste' Sober Paula P.,2022-11-22 Namaste Sober uses meditation to guide individuals in visualizing taking the 12 Steps of recovery Meditation can help ease any hesitations and allow the process of taking the steps to flow more efficiently and smoothly Understanding the benefit for doing each step also encourages those taking the steps to keep moving forward Namaste Sober contains meditation scripts to assist in visualizing and working through each of the 12 Steps of recovery the 12 Principles of recovery and other recovery topics It takes practice and repetition to get comfortable with meditation Give it time and practice because once you are open and willing these meditations will enrich your recovery or healing process as well as other aspects of your life

NAMASTE SOBER What is Alcoholics Anonymous? Marc Galanter,2016 Alcoholics Anonymous has two million members worldwide yet this fellowship

remains a mystery to most people and is even viewed by some as a cult or a religion Written by an award winning psychiatrist and educator in the treatment of alcohol and drug abuse What Is Alcoholics Anonymous provides the most in depth overview to date of this popular and established yet poorly understood recovery movement The result is a thorough objective and accessible investigation into what AA is how it works and how the organization might be considered and used by both healthcare professionals and anyone affected by pursuit of recovery

Dr. Bob of Alcoholics Anonymous Dick B.,Ken B.,2008 A A Co founder Dr Bob stated he had had excellent training in the Bible as a youngster in St Johnsbury Vermont This title is a guide to that training and to the multi volume resource compendium that describes the major influences on his training They include the Town of St Johnsbury the Congregational Churches his own church the North Congregational Church Sunday School Christian Endeavor Society the enormous impact of the Fairbanks family on the community and church and educational system Dr Bob s own deep family involvement in the church and town activities the St Johnsbury Academy the town library Athenaeum and Fairbanks Museum the YMCA and the Great Awakening of 1875 that brought revivals Gospel meetings conversions prayer and Bible study to the fore

The First Nationwide Alcoholics Anonymous History Conference Dick B.,2006 Dick B is a writer historian Bible student retired attorney and recovered AA He is active in the fellowship and has sponsored more than 100 men in their recovery He has devoted 18 years to investigating researching analyzing and disseminating the facts about early A A origins roots history principles and practices He has published 33 titles and more than 170 articles on the subject and frequently speaks within and outside the fellowship He is the leading A A early history scholar

Pioneer Stories in Alcoholics Anonymous Dick B.,Ken B.,2012-12-20 Pioneer Stories in Alcoholics Anonymous God s Role in Recovery Confirmed by Dick B and Ken B presents many quotations from the 29 personal stories included in the first edition of Alcoholics Anonymous Those stories by many of A A s pioneers testify to roles played by God His Son Jesus Christ and the Bible in early A A s astonishing successes with medically incurable alcoholics

Deep Soul Cleansing Jamie M.,2008-04-01 This volume has been compiled using quotes from 13 of AA s books for use in living experience of the Programme which we recognise as the Steps WE STRONGLY SUGGEST THAT EACH INDIVIDUAL WISHING TO BETTER UNDERSTAND THE 12 STEPS DO AS WE HAVE DONE AND PURCHASE AND STUDY THE FOLLOWING BOOKS OF ALCOHOLICS ANONYMOUS Alcoholics Anonymous The Twelve Steps and Twelve Traditions As Bill Sees It The Language of the Heart Came to Believe The Best of the Grapevine Dr Bob and the Good Oldtimers Experience Strength and Hope Pass it On Bill Wilson and the AA Message Daily Reflections The Home Group Heartbeat of AA AA Comes of Age Living Sober WE HAVE ATTEMPTED TO FIND AND PULL OUT THE EXPERIENCE OF THE 12 STEPS IN THE MANY LIVES OF THOSE WHO CONTRIBUTED TO THOSE 13 BOOKS AND THE ROOMS OF 12 STEP MEETINGS Our thanks and gratitude to Alcoholics Anonymous for the gift they have given to the world of the Twelve Steps Read our blog

Longing for Wisdom Allyson Szabo,2008 Know yourself Nothing in excess Give a pledge and ruin is near These are the words

inscribed on a stele just outside the Temple of Apollo at Delphi Stunning in their simplicity these Maxims have survived the test of time Even today they cause the reader to pause and think about what such short poignant phrases mean For those who study Hellenic Polytheism either in historical or modern religious context the Delphic Maxims are of great import because they hold a key to understanding early Greek thought Delving into both the history and the current application of 34 of the Maxims to the creation of personal ethics and morals Allyson Szabo provides us with a path to personal growth and understanding of the world around us

Introduction to the Sources and Founding of Alcoholics Anonymous Dick B.,2007 Intended for use by recovery newcomers educational and religious alcoholism programs recovery groups and treatment centers and substance abuse agencies Here for the first time is a simple accurate concise statement of the origins trends changes and detours leading up to involved in and evolving from A A s Big Book and Twelve Step spiritual program of recovery A must for introducing the A A 12 Step subject usefully

The Struggle to Change Healthcare Andrea Johnston,2024-01-23 This book is intended for a broad audience including healthcare professionals individuals considering a career in the medical field and those in executive level positions who have the power to introduce a different approach to delivering medical attention within the healthcare industry It is also written for anyone interested in understanding the challenges nurses face in maintaining a work life balance This is the story of my journey a journey that has not only shaped my life but has also ignited a vision for potential solutions to address the challenges within today s troubled healthcare system This story includes a blueprint outlining a dream and demonstrating how we can leverage our existing resources to establish a sustainable functional and positive outcome based healthcare system

Stick with the Winners! Dick B,Ken B.,2012-07-27 Ever heard You can t talk about Jesus or the Bible at an A A meeting Want to establish or modify an A A meeting or a Christian Recovery meeting so that it can include information on the roles played by God His Son Jesus Christ and the Bible in early A A s astonishing successes Stick with the Winners by Dick B and Ken B may be just what you need to carry the message more effectively

The Recovery Cycle Joi Andreoli,2022-09-28 This book introduces the Recovery Cycle the only relatable model for positive change in sobriety and a simple roadmap for sober living The author a clinician in recovery herself demonstrates how to talk to clients or anyone with an interest in sobriety in a pragmatic like minded way The easy conversational style encourages cultivation of solid sober relationships and spiritual connections all with an achievable open minded approach Concrete methods honor the thinking and feeling parts of the recovering individual thereby promoting personal empowerment and choice rather than generic prescriptive advice The book speaks to all addiction disorders and discusses what every addicted person must go through to love their sober life no matter what program they choose no matter what addiction Readers will find the journey toward emotional sobriety and spiritual recovery discussed in a simple straightforward way with depth and compassion For clinicians who want to guide clients in recovery or for any motivated individual in recovery desiring to transform their life from one of pain and struggle to a beautiful work of

heart this book will be a welcome spark of inspiration and support without the snore factor of a dry textbook **Anonymous Christians** Herbert E. Hudson IV, 2017-11-29 This book explores the relationship of clergy to Twelve Step programs Field research of pastors in the Florida Keys found that they are unsure if addiction is a disease or a sin and whether the Twelve Steps are based on Christianity Lessons learned include the validity of both traditional Twelve Step programs such as Alcoholics Anonymous and Christ centered programs such as Celebrate Recovery the coherence of sin and disease explanations of addiction and the significance of modern addiction theory The specific outcome of this study is the development of a course syllabus for clergy on addiction recovery through Twelve Step philosophy **From Sin to Disease** Jonathan K. Okinaga, 2022-09-23 Since Benjamin Rush first introduced the disease of wills as the cause of alcoholism a steady and slow infiltration of the disease model has infected how the church treats those who struggle with addictions The first organization that truly sought to remove the soul care of addicts from the church was Alcoholics Anonymous AA through their bestselling The Big Book of AA and the introduction of the 12 Steps AA's influence on how the church confronts addiction still reverberates today with many of the ministries that address addiction firmly rooted in what can be found in AA literature Addictions were once viewed as an issue caused by sin and best addressed through faith and prayer Currently addiction is seen through the lens of disease The ramifications are consequential as more church members are struggling with addictions than ever before Tracing the progression of addiction from sin to disease will reveal that the SBC and its churches have been negligent in understanding the underlying foundations of AA and the influence that the medicalization of substance abuse has had on how churches approach what should be classified as a sin issue **The ASAM Principles of Addiction Medicine** Shannon C. Miller, Richard N. Rosenthal, Sharon Levy, Andrew J. Saxon, Jeanette M. Tetrault, Sarah E. Wakeman, 2024-02-15 Principles of Addiction Medicine 7th ed is a fully reimagined resource integrating the latest advancements and research in addiction treatment Prepared for physicians in internal medicine psychiatry and nearly every medical specialty the 7th edition is the most comprehensive publication in addiction medicine It offers detailed information to help physicians navigate addiction treatment for all patients not just those seeking treatment for SUDs Published by the American Society of Addiction Medicine and edited by Shannon C Miller MD Richard N Rosenthal MD Sharon Levy MD Andrew J Saxon MD Jeanette M Tetrault MD and Sarah E Wakeman MD this edition is a testament to the collective experience and wisdom of 350 medical research and public health experts in the field The exhaustive content now in vibrant full color bridges science and medicine and offers new insights and advancements for evidence based treatment of SUDs This foundational textbook for medical students residents and addiction medicine addiction psychiatry fellows medical librarians and institution also serves as a comprehensive reference for everyday clinical practice and policymaking Physicians mental health practitioners NP PAs or public officials who need reference material to recognize and treat substance use disorders will find this an invaluable addition to their professional libraries **Easy Does It Meditation Book and Recovery Flash**

Cards Mary Faulkner,2025-09-12 The good news is we can find serenity by doing nothing It doesn't cost any money and it doesn't require anything out of us The bad news is we can find serenity by doing nothing we can't buy it and it doesn't need anything out of us Therein lies the challenge Mary Faulkner The Easy Does It Meditation Book and Recovery Flash Cards is a profound challenging and comforting book that includes fifty two meditations one for each week of the year These wise and witty musings are meant to encourage and inspire anyone traveling on the path of recovery Also included are fifty two Recovery Flash cards Each card contains specially selected line drawings Twelve Step folk wisdom and quotes from The Big Book of Alcoholics Anonymous This is the essential tool for embracing the challenges of recovery It provides a quick pick me up a gentle reminder to refocus on your spiritual program and a way of getting back on track Through the Mind's Eye: A Journey of Self-Discovery J.P. Willson,2016-08-25 Depression self loathing unemployment and destroyed relationships the effects of drug and alcohol addiction run so much deeper than the morning after hangover However awareness alone will not save the struggling addict as J P Willson reveals in his fearless examination of substance dependency recovery means doing the mental and emotional work to look inside oneself and discover a way to live as a sober fulfilled individual in an often challenging world Through the Mind's Eye A Journey of Self Discovery is a thought provoking and honest examination of the emotional psychological and physical ways someone must enact their own healing As a recovering alcoholic Willson courageously shares his own story of addiction as well the ups and downs he experienced along the road to recovery Packed with astonishing insights about our culture's relationship to alcohol as well as the lies we tell ourselves in order to keep using this book will change the way you view addiction Willson has no qualms about telling the reader how difficult recovery is and how there is no quick cure all but his compassionate candid reflections help foster the knowledge and will to change

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Table of Contents Alcoholics Anonymous The Big 4th Edition

1. Understanding the eBook Alcoholics Anonymous The Big 4th Edition
 - The Rise of Digital Reading Alcoholics Anonymous The Big 4th Edition
 - Advantages of eBooks Over Traditional Books
2. Identifying Alcoholics Anonymous The Big 4th Edition
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Alcoholics Anonymous The Big 4th Edition
 - User-Friendly Interface
4. Exploring eBook Recommendations from Alcoholics Anonymous The Big 4th Edition

- Personalized Recommendations
- Alcoholics Anonymous The Big 4th Edition User Reviews and Ratings
- Alcoholics Anonymous The Big 4th Edition and Bestseller Lists
- 5. Accessing Alcoholics Anonymous The Big 4th Edition Free and Paid eBooks
 - Alcoholics Anonymous The Big 4th Edition Public Domain eBooks
 - Alcoholics Anonymous The Big 4th Edition eBook Subscription Services
 - Alcoholics Anonymous The Big 4th Edition Budget-Friendly Options
- 6. Navigating Alcoholics Anonymous The Big 4th Edition eBook Formats
 - ePub, PDF, MOBI, and More
 - Alcoholics Anonymous The Big 4th Edition Compatibility with Devices
 - Alcoholics Anonymous The Big 4th Edition Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Alcoholics Anonymous The Big 4th Edition
 - Highlighting and Note-Taking Alcoholics Anonymous The Big 4th Edition
 - Interactive Elements Alcoholics Anonymous The Big 4th Edition
- 8. Staying Engaged with Alcoholics Anonymous The Big 4th Edition
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Alcoholics Anonymous The Big 4th Edition
- 9. Balancing eBooks and Physical Books Alcoholics Anonymous The Big 4th Edition
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Alcoholics Anonymous The Big 4th Edition
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Alcoholics Anonymous The Big 4th Edition
 - Setting Reading Goals Alcoholics Anonymous The Big 4th Edition
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Alcoholics Anonymous The Big 4th Edition

- Fact-Checking eBook Content of Alcoholics Anonymous The Big 4th Edition
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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