

» — Beyond — « Backpacking

Ray Jardine's
Guide To

Lightweight Hiking

Practical methods for all who love
the out-of-doors, from walkers
and backpackers, to
long-distance hikers

THE ALL-TRAILS VERSION OF RAY'S CLASSIC
THE PCT HIKER'S HANDBOOK

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Beyond Backpacking Ray Jardine, 2000 The all trails version of Jardine's PCT Hiker's Handbook a more complete explanation of what's becoming known as The Ray Way in hiking circles **Pacific Crest Trail: Northern California** Jeffrey P. Schaffer, 2012-09-01 From the time the PCT leaves the Mexican border until it reaches Canada it has traveled 2 650 miles through 24 national forests 37 wilderness areas and 7 national parks In Pacific Crest Trail Northern California you'll meet up with the PCT in Yosemite National Park's Tuolumne Meadows then hike climb descend and switchback your way to the Oregon border You'll discover rivers peaks forests meadows fascinating geological formations and other natural wonders You'll pass through Emigrant Desolation and Marble Mountain wildernesses Trinity Alps and Lassen National Park and you'll see Lake Tahoe Burney Falls Mt Shasta and Castle Crags This book helps you locate the PCT and side trips find water sources and access resupply routes Jeffrey P Schaffer also describes the rich geological and natural history of these mountains Information on camping permits and the best seasons to go is provided along with updated maps Pacific Crest Trail: Southern California Ben Schirfin, Jeffrey P. Schaffer, Thomas Winnett, Ruby Johnson Jenkins, 2012-11-21 First published in 1973 The Pacific Crest Trail Vol 1 California quickly established itself as the PCT Bible the book trekkers could not do without Now thoroughly updated and redesigned into two portable volumes Pacific Crest Trail Southern California starts at the Mexican border and guides you to Yosemite's beautiful back country Its companion volume meets the trail at Tuolumne Meadows and drops you at Oregon's door Thru hikers to Canada will find the rest of their journey in Pacific Crest Trail Oregon Washington Our PCT gurus help you locate the trail water sources and resupply access routes with detailed descriptions customized maps and tips on alternate routes Whether you're planning day hikes weekend or week long backbacks or an ambitious thru hike everything you need to know about from bears to trees is here **Trail Life** Ray Jardine, 2009 Trail Life is for all hikers at all levels of experience from beginners to the most advanced **The Pacific Crest Trail Hiker's Handbook** Ray Jardine, 1996 Manual on planning and preparing for hikes of the Pacific Crest Trail through California Oregon and Washington Jardine's initial presentation of his lightweight hiking theories Joy of Backpacking Brian Beffort, 2015-07-20 A comprehensive guide covering every aspect of how to backpack from planning a first trip to advanced wilderness travel For those new to the activity longtime backpacker and author Brian Beffort covers the fundamentals with sections on trip planning gear backcountry nutrition and cooking navigation and other essential wilderness skills You will also learn what to expect on the trail and in camp and how to stay safe with first aid weather preparedness and more For experienced packers this book is filled with practical tips and inspired ideas on how to update and refine your approach to backpacking based on trends in lightweight gear high tech gadgets changing wilderness rules and increasing opportunities for wilderness travel around the world *Hiking Light Handbook: Carry Less, Enjoy More*, 2004 *Hiking and Backpacking* Victoria Logue, 2013-03-01 Hiking Backpacking Essential Skills to Advanced Techniques

provides backpackers of all skill levels with the fundamental techniques and advanced tricks of trailsmithing needed to plan and carry out an enjoyable and rewarding outdoor adventure **The 21st Century Backpacker's Bible** Bert

Nemcik,2013-06-18 The 21st Century Backpacker s Bible is a comprehensive guide to the ultimate outdoor adventure backpacking Written for the novice as well as the expert every aspect of backpacking is covered with voluminous links to sources of gear and information embedded in the text Building on the previous work of noted backpacking authors Colin Fletcher and Ray Jardine the author includes the latest information on gear and techniques that have evolved since the publication of the other seminal works on this subject Written in a simple style the reader will find that the technical aspects of the sport are easy to understand For those who prefer an electronic version the Bible is available in Kindle ebook format

The PCT Hiker's Handbook Ray Jardine,1992-01-01 **Trail Tested** Justin Lichter,2020-12-07 Justin Lichter a k a Trauma divulges hundreds of valuable tips and advice based on his more than 35 000 miles of hiking across the country and beyond Trail Tested is a comprehensive guide to hiking and backpacking Whether you re a new hiker looking for expert advice an experienced hiker looking to hone your skills or a thru hiker gearing up for a 6 month trip this book is packed with priceless information to make your trip a successful and comfortable one Vibrant images from Trauma s treks will entice all readers of all skill levels to get out and enjoy the backcountry You ll learn why getting the right gear and learning outdoor skills are integral to making the most out of your next backpacking trip Some topics included in this guide are Gear advice including backpacks sleeping bags tents ultralight shetlers and clothing Gear maintenance and repair Ultralight tips for novices to gram counters Low impact camping and hiking Campsite selection Hiking with dogs Navigating the backcountry Winter camping First aid Weather forecasting Advanced techniques for creating routes cross country hiking fording rivers multi sport adventures and animal encounters Lighten Up! Don Ladigin,2005-05 Short to the point and humorously illustrated by famed outdoor illustrator Mike Clelland this book presents everything hikers and backpackers need to be safe comfortable and well fed while carrying a very small and lightweight pack **Hiking and Backpacking** Karen Berger,2003
 Go Light John Gibson,1980-01-01

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