

"An essential journey through the past history and future of aging in America."



# LASTINGNESS

*The Art of Old Age*

NICHOLAS DELBANCO



# Lastingness The Art Of Old Age By Nicholas Delbanco

**Christoph Irmischer**



## **Lastingness The Art Of Old Age By Nicholas Delbanco:**

Lastingness Nicholas Delbanco, 2011-01-24 America grows older yet stays focused on its young Whatever hill we try to climb we're over it by fifty and should that hill involve entertainment or athletics we're finished long before But if younger is better it doesn't appear that youngest is best we want our teachers doctors generals and presidents to have reached a certain age In context after context and contest after contest we're more than a little conflicted about elders of the tribe when is it right to honor them and when to say step aside In Lastingness Nicholas Delbanco one of America's most celebrated men of letters profiles great geniuses in the fields of visual art literature and music Monet Verdi O'Keefe Yeats among others searching for the answers to why some artists work diminishes with age while others reaches its peak Both an intellectual inquiry into the essence of aging and creativity and a personal journey of discovery this is a brilliant exploration of what determines what one needs to do to keep the habits of creation and achievement alive Old Age in Art Larry

Silver, 2025-05-13 A sweeping history of aging in European art across centuries Old Age in Art shows how elders have been depicted from ancient Greece and Rome to the present century The book explores portraits including self-portraits and stories of older figures in religion myth and history focusing on the theme of wisdom versus folly Larry Silver also discusses the concept of old age within the Middle Ages and early modern periods The final chapter examines how renowned artists like Michelangelo Titian and Monet turned to experimental forms and new subjects in their later years This book provides a comprehensive overview of old age in European art history **The Art of Youth** Nicholas Delbanco, 2013 Portraits of three artistic prodigies who died young Stephen Crane writer Dora Carrington painter and George Gershwin composer that form the centerpiece of a beautiful and fascinating inquiry into creation mortality and the enigma of promise What would they have done had they lived longer The Final Elegy: the Consolation of the Classics in Old Age Richard Oliver

Brooks, 2022-08-01 Old age is a time of losses permanent cumulative and irreversible These losses include our loss of work in retirement the eclipse of our past our biological decline dependency resulting from such decline the foreshortening of our future the abandonment of belief in our own improvement and our society's progress and of course our death This book views these losses as part of an elegy of old age Elegy is a poetic or prose mourning of loss Sadness and other emotions result With elegiac understanding we detach ourselves from these losses to seek and find consolation This book is concerned with achieving intellectual detachment through meditative reflection with the help of reading and appreciating the classics The final stage of the old age elegy consolation can be found at least in part within the classics the garlands of repose The classics are broadly defined by Matthew Arnold as the best that has been thought and said or found in the fine arts To benefit from the classics requires a life-long liberal education This education begins with an introduction to the classics in youth makes use of them during our adult lives and supplies their conclusion for old age meditation Such significant works enable us to place the losses we suffer within an intellectual framework of perennial ideas It is by means of such an intellectual

framework that we secure consolation in old age Classic works familiarize us deeply with the losses and emotions we endure suggest substitutes for the goods of the life we have lost in old age offer opportunities of catharsis for the sadness we experience and help us transform ourselves in old age Classics help us see old age and its losses as part of a complete life which hold a unique value of its own while remaining part of larger nature processes history and intellectual traditions

*Men We Reaped* Jesmyn Ward,2013-01-01 And then we heard the rain falling and that was the drops of blood falling and when we came to get the crops it was dead men that we reaped Harriet Tubman In five years Jesmyn Ward lost five men in her life to drugs accidents suicide and the bad luck that can follow people who live in poverty particularly black men Dealing with these losses one after another made Jesmyn ask the question why And as she began to write about the experience of living through all the dying she realized the truth and it took her breath away Her brother and her friends all died because of who they were and where they were from because they lived with a history of racism and economic struggle that fostered drug addiction and the dissolution of family and relationships Jesmyn says the answer was so obvious she felt stupid for not seeing it But it nagged at her until she knew she had to write about her community to write their stories and her own Jesmyn grew up in poverty in rural Mississippi She writes powerfully about the pressures this brings on the men who can do no right and the women who stand in for family in a society where the men are often absent She bravely tells her story revisiting the agonizing losses of her only brother and her friends As the sole member of her family to leave home and pursue high education she writes about this parallel American universe with the objectivity distance provides and the intimacy of utter familiarity *Dear Wizard* Nicholas Delbanco,2014-10-17 A belletristic personal correspondence and contest of extravagant and amusing letterhead

**John Updike Remembered** Jack A. De Bellis,2017-11-02 Fifty three individuals present a prismatic view of the two time Pulitzer Prize winner and his work through anecdote and insight Interviews and essays from family friends and associates reveal sides of the novelist perhaps unfamiliar to the public the high school prankster the golfer the creator of bedtime stories the charming ironist the faithful correspondent with scholars the devoted friend and the dedicated practitioner of his craft The contributors include his first wife Mary Pennington and three of their children high school and college friends authors John Barth Joyce Carol Oates and Nicholson Baker journalists Terri Gross and Ann Goldstein and scholars Jay Parini William Pritchard James Plath and Adam Begley Updike s biographer **The World**

**Exists to Set Us Free** Larry Rosenberg,Madeline Drexler,2025-08-26 Down to earth wisdom on how to live a life of authenticity and spiritual integrity from one of the West s most respected teachers of vipassana meditation How does dharma wisdom show up in our lives every day This collection of teachings by the beloved Insight Meditation teacher Larry Rosenberg offers clear down to earth guidance on learning how to live a life informed by Buddhism through questioning reflective observation and self understanding Rosenberg is known for presenting the essence of the Buddhism in a way that is unvarnished utterly accessible and that resonates with a wide audience Here he unpacks with his signature engaging and

iconoclastic style such topics as meditation silence use of the breath self knowing working with strong emotions intimacy illness and grief among others There are few teachers who so epitomize the idea of spiritual friend in the way that Larry Rosenberg does His teachings give a clear sense that dharma is very much a part of everyday life This book is also informed by what Rosenberg considers his deeper and more immediate understanding of dharma that has come in recent years a period marked in his own life by illness and disability and in the life of the planet by a deadly pandemic war an existential climate crisis and pervasive technological distraction An introductory essay written by journalist and author Madeline Drexler serves as a spiritual biography of Rosenberg presenting his reflections on more than half a century of dedicated dharma practice and instruction This essay illuminates what for Rosenberg were profound turning points and moments of realization his long apprenticeships with foundational figures in twentieth century Buddhism including Ajahn Chah Thich Nhat Hanh Seung Sahn and Ajahn Buddhadasa as well as Indian philosopher Jiddu Krishnamurti East-West Exchange and Late Modernism Zhaoming Qian,2017-11-07 In East West Exchange and Late Modernism Zhaoming Qian examines the nature and extent of Asian influence on some of the literary masterpieces of Western late modernism Focusing on the poets William Carlos Williams Marianne Moore and Ezra Pound Qian relates captivating stories about their interactions with Chinese artists and scholars and shows how these cross cultural encounters helped ignite a return to their early experimental modes Qian s sinuous readings of the three modernists last books of verse Williams s Pictures from Brueghel 1962 Moore s Tell Me Tell Me 1966 and Pound s Drafts and Fragments of Cantos CX CXVII 1969 expand our understanding of late modernism by bringing into focus its heightened attention to meaning in space its obsession with imaginative sensibility and its increased respect for harmony between humanity and nature **Why Writing Matters** Nicholas Delbanco,2020-03-17 Drawing lessons from writers of all ages and writing across genres a distinguished teacher and writer reveals the enduring importance of writing for our time In this new contribution to Yale University Press s Why X Matters series a distinguished writer and scholar tackles central questions of the discipline of writing Drawing on his own experience with mentors such as John Updike John Gardner and James Baldwin and in turn having taught such rising stars as Jesmyn Ward Delbanco looks in particular at questions of influence and the contradictory simultaneous impulses toward imitation and originality Part memoir part literary history and part analysis this unique text will resonate with students writers writing teachers and bibliophiles *Little Madnesses* Annette Kuhn,2013-02-21 Little madnesses are our most deeply felt enthusiasms investments and attachments in the sphere of culture The term was coined by the child psychoanalyst Donald Winnicott whose work on transitional phenomena grew out of his naming of the transitional object and extended into preliminary explorations of the crucial role played by cultural experience in a life that feels satisfying In our socially and culturally sanctioned little madnesses everyone can find relief from the burden of having to maintain a clear boundary between inner and outer worlds fantasy and reality because it is in the space between them that we can find the enthusiasms and passions

that excite our creative imaginations This idea offers intriguing pathways towards understanding how we can engage effectively with the world at a public social level without setting aside our inner lives our emotions and our most deeply felt attachments In Little Madnesses writers artists scholars and experts in a range of fields and disciplines explore the idea of transitional phenomena and consider its potential to extend and deepen our understanding of cultural experience in mental and social life focusing on the importance of space place and boundaries in cultural experience on how we can negotiate media use and cultural identity and on the aesthetic and creative aspects of cultural experience Topics covered include cult films computer use installation art trips to the cinema museums and galleries the agony and ecstasy of making art and the significance of life stage in cultural experience     Make Your Brain Smarter Sandra Bond Chapman, Ph.D., Sandra Bond Chapman, 2014-01-21 One of the world's most innovative and respected cognitive neuroscientists combines cutting edge research with unique exercises to help you improve the most powerful most staggeringly complex machine ever created your brain In Make Your Brain Smarter renowned cognitive neuroscientist Dr Sandra Bond Chapman introduces you to the very latest research in brain science and shows you how to tailor a program to strengthen your brain's capacity to think smarter In this all inclusive book Dr Chapman delivers a comprehensive fitness plan that you can use to exercise your way to a healthier brain You will find strategies to reduce stress and anxiety increase productivity enhance decision making and strengthen how your brain works at every age You will discover why memory is not the most important measure of brain capacity why IQ is a misleading index of brain potential and why innovative thinking energizes your brain Make Your Brain Smarter is the ultimate guide for keeping your brain fit during each decade of your life     **Max Eastman** Christoph Irmscher, 2017-01-01 The definitive biography of a radical activist and intellectual     The Look of the Past Ludmilla Jordanova, 2012-09-27 How can we use visual and material culture to shed light on the past Ludmilla Jordanova offers a fascinating and thoughtful introduction to the role of images objects and buildings in the study of past times Through a combination of thematic chapters and essays on specific artefacts a building a piece of sculpture a photographic exhibition and a painted portrait she shows how to analyse the agency and visual intelligence of artists makers and craftsmen and make sense of changes in visual experience over time Generously illustrated and drawing on numerous examples of images and objects from 1600 to the present this is an essential guide to the skills that students need in order to describe analyse and contextualise visual evidence The Look of the Past will encourage readers to think afresh about how they like people in the past see and interpret the world around them     Four Last Songs Linda Hutcheon, Michael Hutcheon, 2015-05-22 Aging and creativity can seem a particularly fraught relationship for artists who often face age related difficulties as their audience's expectations are at a peak In Four Last Songs Linda and Michael Hutcheon explore this issue via the late works of some of the world's greatest composers Giuseppe Verdi 1813 1901 Richard Strauss 1864 1949 Olivier Messiaen 1908 92 and Benjamin Britten 1913 76 all wrote operas late in life pieces that reveal unique responses to the challenges of growing older

Verdi's Falstaff his only comedic success combated Richard Wagner's influence by introducing young Italian composers to a new model of national music Strauss on the other hand struggling with personal and political problems in Nazi Germany composed the self reflexive Capriccio a life review of opera and his own legacy Though it exhausted him physically and emotionally Messiaen at the age of seventy five finished his only opera Saint Fran ois d Assise which marked the pinnacle of his career Britten meanwhile suffering from heart problems refused surgery until he had completed his masterpiece Death in Venice For all four composers age far from sapping their creative power provided impetus for some of their best accomplishments With its deft treatment of these composers final years and works Four Last Songs provides a valuable look at the challenges and opportunities that present themselves as artists grow older      **Grand Finales** Susan

Gubar,2025-06-10 One of our most formidable literary critics explores how nine women artists flourished creatively in their final acts In 2008 academic and scholar Susan Gubar was told by a trusted oncologist that she had only a few years left to live Though she outlived that dire prognosis this brush with mortality refocused her attention on the boons of a longevity she did not expect to experience She began to think In the last years of our lives can we shape and change our creative capabilities The resulting volume Grand Finales answers this question with a resounding yes Despite the losses generally associated with aging quite a few writers painters sculptors musicians and dancers have managed to extend and repurpose their creative energies Gubar spotlights very creative old ladies writers painters sculptors musicians and dancers from the past and in our times Each of Grand Finales nine riveting chapters features women artists George Eliot Colette Georgia O Keeffe Isak Dinesen Marianne Moore Louise Bourgeois Mary Lou Williams Gwendolyn Brooks and Katherine Dunham who transformed the last stage of existence into a rousing conclusion Gubar draws on their late lives and works to suggest that seniority can become a time of reinvention and renewal With pizzazz bravado and geezer machismo she counters the discrediting of elderly women and clarifies the environments relationships activities and attitudes that sponsor a creative old age      **Economic Foundations for Creative Ageing Policy, Volume II** Andrzej Klimczuk,2016-12-15 Aging populations

are a major consideration for socio economic development in the early 21st century This demographic change is mainly seen as a threat rather than as an opportunity to improve the quality of human life Aging population is taking place in every continent of the world with Europe in the least favourable situation due to its aging population and reduction in economic competitiveness Economic Foundations for Creative Aging Policy offers public policy ideas to construct positive answers for ageing populations This exciting new volume searches for economic solutions that can enable effective social policy concerning the elderly Klimczuk covers theoretical analysis and case study descriptions of good practices to suggest strategies that could be internationally popularised      *Out of Time* Steve Aspin,2023-08-24 In Out of Time The Intergenerational Abduction Program Explored author Steve Aspin has written a crossover work about the enduring worldwide reports of alien abduction The book is intended for both those familiar with the historic published case material

and the curious reader unfamiliar with the decades of serious academic research on this superficially improbable phenomenon The author details his lifelong personal experience and the relationships he built with leading researchers during 15 years of investigating this phenomenon He has at all times attempted to approach the subject with critical thoroughness and intellectual rigour From stumbling on a cattle mutilation in Ireland in 1970 to witnessing a UFO after a period of missing time at age 16 in 1972 to a confrontational experience in a Sardinia hotel in 2006 the author relates a lifetime of anomalous experiences But this is only the starting point of the journey the reader of *Out of Time* will make Steve then details several years of investigation into the subject and how what he has learned has shaped his thoughts on what is happening to perhaps millions of people worldwide He had the good fortune to meet with several leading researchers in the field including Budd Hopkins and Dr David Jacobs and read hundreds of published works on the subject of UFOs and abductions He has attempted to bring hard forensic evidence to the discussion and to follow that evidence where it may lead paying particular attention to the clearly intergenerational aspect of the global abduction program which he demonstrates with corroborating evidence almost certainly dates from the 1890s His conclusions will be of interest to anyone attentive to this field of study Whether inevitably proved right or wrong they stem from a conscious effort to bring objectivity and honesty to the analysis of this widely reported phenomenon Although successfully normalised in popular culture to become background noise or a minor comic footnote in otherwise busy lives this subject has real and serious implications for both the individual experiencer and human society collectively

*Holding the Note* David Remnick, 2024-07-30 NEW YORK TIMES BEST SELLER The Pulitzer Prize winning journalist and editor of *The New Yorker* gathers his writing on some of the essential musicians of our time intimate portraits of Leonard Cohen Buddy Guy Mavis Staples Paul McCartney Bruce Springsteen Patti Smith and more The greatest popular songs whether it's *Respect* sung by Aretha Franklin or *Blind Willie McTell* performed by Bob Dylan have a way of embedding themselves in our memories You remember a time and a place and a feeling whenever you hear them In *Holding the Note* David Remnick writes about some of the most influential musicians songwriters and performers of the past fifty years He portrays a series of musical lives Leonard Cohen Buddy Guy Mavis Staples Paul McCartney Bruce Springsteen Patti Smith and more and their unique encounters with the passing of that essential element of music time From Cohen's performing debut when his stage fright was so debilitating he couldn't get through *Suzanne* to Franklin's iconic *mink drop* at the Kennedy Center *Holding the Note* delivers intimate portraits of some of the greatest creative minds of our era written with a passionate lifelong attachment to their music and an acute appreciation of how it has shaped us

**Roth and Trauma** Aimee Pozorski, 2011-07-14 *Roth and Trauma* The Problem of History in the Later Works 1995 2010 moves beyond a critical reception of Philip Roth's recent fiction that has focused primarily on an interest in post WWII America By contrast Aimee Pozorski argues that these novels grapple more comprehensively with US history in their fascination with America's traumatic beginnings and the legacy of the American



Revolution Drawing on close readings and trauma theory Roth and Trauma reveals the problem of history in Roth's later works to be the unexpected and repeated appearance of historical trauma that links the still unfinished American dream with the nightmarish quality of our recent history

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