



With an afterword by A. J. Allen, M.D., Ph.D.

# Kissing Doorknobs By Terry Spencer Hesser

**Josiane Cobert**



## **Kissing Doorknobs By Terry Spencer Hesser:**

**Kissing Doorknobs** Terry Spencer Hesser, 2010-03-10 During her preschool years Tara Sullivan lived in terror that something bad would happen to her mother while they were apart In grade school she panicked during the practice fire drills Practice for what Tara asked For the upcoming disaster that was bound to happen Then at the age of 11 it happened Tara heard the phrase that changed her life Step on a crack break your mother's back Before Tara knew it she was counting every crack in the sidewalk Over time Tara's quirks grew and developed arranging her meals on plates nonstop prayer rituals until she developed a new ritual wherein she kissed her fingers and touched doorknobs **Kissing Doorknobs** Terry S. Hesser, 1998-01

*Inclusion Strategies That Work for Adolescent Learners!* Toby J. Karten, 2009-03-17 Help adolescent learners in inclusive environments develop strong academic emotional and social skills for successful post secondary options with lesson plans that focus on success and maximize students strengths interests and potentials Inclusion Strategies That Work for Adolescent Learners provides teachers with guidelines for scheduling preparation student educator responsibilities family community supports appropriate accommodations literacy and numeration strategies interdisciplinary approaches and more The author investigates inclusive strategies through reflective activities and pragmatic classroom applications that highlight productivity with evidence based practices for all learners **100 Questions & Answers About Your Child's**

**OCD** Josiane Cobert, 2010 *Treatment Plans and Interventions for Obsessive-Compulsive Disorder* Simon A. Rego, 2016-04-20 Providing clinicians with evidence based therapeutic techniques that they can tailor to the needs of individual clients this state of the art treatment planner is filled with case examples and clinical tools Simon A Rego presents the latest thinking on obsessive compulsive disorder OCD and explains how it has been reclassified in DSM 5 He shows how to combine exposure and ritual prevention therapy with other cognitive and behavioral interventions based on a comprehensive case formulation and describes proven strategies for enhancing motivation and overcoming common obstacles in treatment In a large size format for easy photocopying the book includes 10 reproducible handouts and forms Purchasers get access to a Web page where they can download and print the reproducible materials **The Thing Inside**

**My head** Lois Chaber, **With Open Arms** Mary Schlieder, 2007 Children with autism spectrum disorders learning disabilities behavioral disorders and English Language Learners often face more social challenges in this area than their peers Written by an experienced special educator and behavior therapist this book helps educational professionals create an open and inviting school environment for these children promoting understanding and helping them feel like they belong A multitude of suggestions for developing programs that teach critical social skills include circle games and activities book clubs relationships circles and much more *Stories for Every Classroom* Beverly A. Brenna, 2015 Academic study of children's literature has explored various aspects of diversity however little research has examined Canadian books that portray characters with disabilities This relevant and timely text addresses the significant dearth of research by exploring the

treatment of disability in Canadian literature for young people Engaging and highly accessible this text will assist teachers teacher educators and teacher candidates in finding and using books about characters where disability is a part of their characterization supporting the development of curricula that reflect critical literacy and social justice issues Stories for Every Classroom explores the historical patterns and trends theoretical frameworks and critical literacy methods used to understand and teach children s literature and its portrayal of characters with disabilities It provides educators with curriculum ideas and enriches the body of resources shared with children in K 12 settings for the purposes of developing imagination empathy and understanding of self and others Featuring author portraits comprehensive annotated bibliographies of contemporary Canadian children s books that depict characters with disabilities and read on bibliographies that provide connections with other books in the field this unique text will be an invaluable resource for educators

**Quick and Popular Reads for Teens** Pam Spencer Holley, 2009 Compiles and annotates YALSA s Popular Paperbacks for Young Adults and Quick Picks for Reluctant Readers Includes theme lists

**Book Club Reboot** Sarah Ostman, Stephanie Saba, 2019-03-25 Is your book club feeling stale or uninspired Has attendance dropped or are you struggling to keep your patrons engaged What you need is a reboot This resource published in cooperation with ALA s Public Programs Office profiles dozens of successful book clubs across the country

*If Your Adolescent Has an Anxiety Disorder* Edna B. Foa, Linda Wasmer Andrews, 2006 THE MOST UP TO DATE INFORMATION ON SOCIAL ANXIETY DISORDER GENERALIZED ANXIETY DISORDER OBSESSIVE COMPULSIVE DISORDER AND POST TRAUMATIC STRESS DISORDER

Freeing Your Child from Obsessive-Compulsive Disorder, Revised and Updated Edition Tamar E. Chansky, Ph.D., 2025-08-05 An empowering guide to helping children with OCD thrive and find relief from their most distressing symptoms for kids as young as age four to teens now revised and updated Dr Chansky has accomplished a tour de force which is certain to offer much needed assistance both to children with OCD related problems and to their families Jeffrey M Schwartz MD author of Brain Lock Parents of children with obsessive compulsive disorder know firsthand how confusing and even frightening the symptoms of OCD can be They have questions about how this condition works and how they can best help their kids Which behaviors are part of ordinary childhood and which are symptoms of OCD How can they help their child take back control of their lives from disruptive thoughts and debilitating rituals What should they do if their child experiences a relapse in symptoms In *Freeing Your Child from Obsessive Compulsive Disorder* child psychologist and OCD expert Dr Tamar E Chansky helps parents make sense of a child s experience with this very confusing but highly treatable disorder She shares intuitive easy to implement strategies for helping kids and teens confidently outsmart the brain tricks and traps of OCD alongside scripts for explaining symptoms to children of all ages and targeted advice for navigating a wide range of OCD themes Dr Chansky also advises parents on how they can tailor treatment to their child s needs with fully updated information on diagnostic criteria medication effective therapy modalities and treatment outcomes as well as the most recent findings on PANS and PANDAS the sudden

appearance of OCD symptoms after a strep or viral infection With its research backed and reassuring guidance *Freeing Your Child from Obsessive Compulsive Disorder* spells out exactly what parents can say and do to help their children reclaim their lives

**Bibliotherapy** Amy Recob, 2008-10 Everyone has dealt with at least one of the issues listed in this book at some point in his or her lifetime Whether that issue was conquered with the help of a loved one through therapy or is still weighing on the individual the therapeutic power of the book is often overlooked The reassurance gained when an individual learns that they are not the only one can open several doors of communication and can put one on the road to recovery or coming to terms with an issue In schools bibliotherapy can greatly increase the connectivity of curriculum to the individual student

cover **Best Books for Young Adults** Holly Koelling, 2007-08-13 Rev ed of Best books for young adults Betty Carter with Sally Estes and Linda Waddle 2nd ed c2000

**The Thought that Counts** Jared Kant, Martin Franklin, Linda Wasmer Andrews, 2008-03-04 For the more than 2 million Americans with obsessive compulsive disorder the intrusive thoughts and uncontrollable behaviors can take a harsh toll as author Jared Douglas Kant knows all too well Diagnosed with OCD at age 11 Jared became ruled by dread of deadly germs and diseases the unrelenting need to count and check things and a persistent nagging doubt that overshadowed his life In *The Thought that Counts* Jared shares his deeply personal account of trial tribulation and ultimately triumph Using anecdotes narratives and sidebars this book adds a human face to a complex disorder Jared's funny often touching sometimes harrowing tale makes for compelling reading Yet his memoir is only half the story With the help of psychologist Martin Franklin Ph D and veteran science writer Linda Wasmer Andrews Jared paints the big picture for other teens with OCD Drawing on the latest scientific and medical evidence he explains how to recognize warning signs where to find help and what treatments have proved effective Jared also offers practical suggestions on managing the symptoms of OCD at home at school and in relationships with family and friends The result is both an absorbing memoir and a useful guide that will help to ease the isolation caused by OCD assuring anyone recently diagnosed with the disease that with commitment and hard work they can overcome this illness Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults this volume offers hope to young people who are struggling with obsessive compulsive disorder helping them to overcome the challenges of this illness and go on to lead healthy productive lives

*Demystifying Secondary Inclusion* Lisa Dieker, 2007 Offers strategies for effective inclusion in secondary schools and classrooms discussing creating a culture celebrating successes interdisciplinary collaboration co teaching active learning environments instruction and assessment

**Teen Book Discussion Groups @ the Library** Constance B. Dickerson, 2004 A guide for young adult librarians and teachers provides profiles of fifty titles offering information on themes genres characters and discussion questions

**Humor in Young Adult Literature** Walter Hogan, 2005 Celebrates the accomplishments of YA authors acclaimed for producing high quality comedies who have not yet been treated in a book length bio critical study Simultaneously it reminds readers that no matter how funny an author of fiction may be if he shows

off his wit in ways that fail to play a natural role in advancing his narrative he is not writing good fiction To demonstrate this humorous passages are presented to illustrate the contribution a sense of humor can make to a work of fiction The book is arranged topically to facilitate a comparison of distinctive treatments by various authors of adolescent life events such as sibling rivalry bullies and first dates      *Where Am I Now?* Mara Wilson, 2016-09-13 Thoughtfully traces Mara Wilson's journey from child actress to Hollywood dropout Who is she now She's a writer NPR's Guide To 2016's Great Reads Growing up I wanted to be Mara Wilson *Where Am I Now* is a delight Ilana Glazer cocreator and star of *Broad City* Named a best book of the month by GoodReads and Entertainment Weekly A former child actor best known for her starring roles in *Matilda* and *Mrs Doubtfire* Mara Wilson has always felt a little young and out of place as the only kid on a film set full of adults the first daughter in a house full of boys a Valley girl in New York and a neurotic in California and a grown up the world still remembers as a little girl Tackling everything from what she learned about sex on the set of *Melrose Place* to discovering in adolescence that she was no longer cute enough for Hollywood these essays chart her journey from accidental fame to relative but happy obscurity They also illuminate universal struggles like navigating love and loss and figuring out who you are and where you belong Candid insightful moving and hilarious *Where Am I Now* introduces Mara Wilson as a brilliant new chronicler of the experience that is growing up female      **RSVP.03** Richard Lebenson, Kathleen Creighton, 2003-02

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## **Table of Contents Kissing Doorknobs By Terry Spencer Hesser**

1. Understanding the eBook Kissing Doorknobs By Terry Spencer Hesser
  - The Rise of Digital Reading Kissing Doorknobs By Terry Spencer Hesser
  - Advantages of eBooks Over Traditional Books
2. Identifying Kissing Doorknobs By Terry Spencer Hesser
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Kissing Doorknobs By Terry Spencer Hesser
  - User-Friendly Interface
4. Exploring eBook Recommendations from Kissing Doorknobs By Terry Spencer Hesser
  - Personalized Recommendations
  - Kissing Doorknobs By Terry Spencer Hesser User Reviews and Ratings
  - Kissing Doorknobs By Terry Spencer Hesser and Bestseller Lists
5. Accessing Kissing Doorknobs By Terry Spencer Hesser Free and Paid eBooks

- Kissing Doorknobs By Terry Spencer Hesser Public Domain eBooks
- Kissing Doorknobs By Terry Spencer Hesser eBook Subscription Services
- Kissing Doorknobs By Terry Spencer Hesser Budget-Friendly Options
- 6. Navigating Kissing Doorknobs By Terry Spencer Hesser eBook Formats
  - ePub, PDF, MOBI, and More
  - Kissing Doorknobs By Terry Spencer Hesser Compatibility with Devices
  - Kissing Doorknobs By Terry Spencer Hesser Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Kissing Doorknobs By Terry Spencer Hesser
  - Highlighting and Note-Taking Kissing Doorknobs By Terry Spencer Hesser
  - Interactive Elements Kissing Doorknobs By Terry Spencer Hesser
- 8. Staying Engaged with Kissing Doorknobs By Terry Spencer Hesser
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Kissing Doorknobs By Terry Spencer Hesser
- 9. Balancing eBooks and Physical Books Kissing Doorknobs By Terry Spencer Hesser
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Kissing Doorknobs By Terry Spencer Hesser
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Kissing Doorknobs By Terry Spencer Hesser
  - Setting Reading Goals Kissing Doorknobs By Terry Spencer Hesser
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Kissing Doorknobs By Terry Spencer Hesser
  - Fact-Checking eBook Content of Kissing Doorknobs By Terry Spencer Hesser
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development



- Exploring Educational eBooks

### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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