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# **AMERICAN RED CROSS LIFEGUARDING TEST (CPR/FIRST AID) QUESTIONS AND ANSWERS WITH SOLUTIONS UPDATED 2024**

CPR Should be performed on a victim who is... - ANSWER In Cardiac Arrest or unconscious with an obstructed airway.

After an AED says "No Shock Advised," it is best to... - ANSWER Perform CPR for about 2 minutes.

When giving chest compressions to an adult, how do you position your hands? - ANSWER Heel of one hand on the center of the chest with the other hand on top.

Once you have turned on the AED, you should... - ANSWER Apply the pads and allow the AED to analyze the heart rhythm.

When providing care to a conscious infant who is choking, it is most appropriate to... - ANSWER Position the infant so the head is lower than the chest.

The cycle of chest compressions and ventilations in two-rescuer CPR for an infant is... - ANSWER 15 chest compressions and 2 ventilations.

The purpose of a secondary assessment is to... - ANSWER Identify and care for conditions that are not life threatening.

When giving a primary ventilation to an adult who is unconscious and not breathing, you notice the chest is not rising. What should you do next? - ANSWER Re-tilt the head and attempt another ventilation.

After summoning EMS for a victim who is conscious and bleeding severely, and after obtaining consent and putting on gloves, what should you do next? - ANSWER Press firmly against the wound with a sterile dressing and apply bandaging.

# 14 Redcross Lifeguarding Test Review Sheet

**Educational Testing Group**

A red cross graphic is positioned to the right of the 'Educational Testing Group' text. It consists of a red circle with a white cross inside, and a red arrow pointing to the right.

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*Lifeguarding Manual* American National Red Cross,2023-12-31

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