

Athletic Footwear and Orthoses in Sports Medicine

Second Edition

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E. Leslie Knight
Paul R. Langer
Editors

 Springer

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Athletic Footwear and Orthoses in Sports Medicine Matthew B. Werd, E. Leslie Knight, 2010-06-17 This concise manual is for sports medicine specialists who want to effectively prescribe footwear and orthotics for the athlete. The book provides a logical approach designed to maximize performance and minimize injury. In addition to the fundamentals including athletic foot types, basic biomechanics, and gait evaluation, the text also addresses the assessment and prescription of shoes, inserts, and orthotics. The work covers new technologies and sports-specific recommendations as well. By presenting essential information in a convenient and easily accessible format, this book will prove to be invaluable for sports medicine physicians, podiatrists, physical therapists, athletic trainers, and other specialists when making footwear recommendations for athletes.

Neale's Disorders of the Foot and Ankle E-Book J. Gordon Burrow, Keith Rome, Nat Padhiar, 2020-06-22 Now in its 9th edition and fully updated to reflect 21st-century podiatric practice, Neale's Disorders of the Foot and Ankle continues to be essential reading for students entering the profession, qualified podiatrists, and other health care professionals interested in the foot. Written by a renowned team of expert editors and international contributors, it gives up-to-date evidence-based content of the highest quality. Podiatric students should find everything they need within its covers to pass their exams, whilst qualified clinicians will find it a useful reference during their daily practice. All the common conditions encountered in day-to-day podiatric practice are reviewed, and their diagnoses and management described, along with areas of related therapeutics. Fully illustrated in colour throughout, including over 500 photographs and illustrations. Complete coverage of podiatric conditions including Circulatory Disorders, Rheumatic Diseases, Imaging, Foot Orthoses, Pediatric Podiatry, Podiatric Sports Medicine, Podiatric Surgery, Leprosy, and Tropical Medicine. Brand new chapters covering key topics including Complimentary and Integrated Medicine, Forensic and Legal Medicine, Evidence-Based Practice in Podiatry, and Pharmacology Therapeutics.

Athletic Footwear and Orthoses in Sports Medicine Matthew B. Werd, E. Leslie Knight, Paul R. Langer, 2017-05-27 Now in a revised and expanded second edition, including an expanded section on running footwear and additional sports-specific recommendations, this updated practical resource provides a concise and logical approach to prescribing footwear that will maximize performance and minimize injury in athletes. From fundamentals including athletic foot types, basic biomechanics, and gait evaluation to step-by-step guidance through assessment and prescription of shoes, socks, lacing, inserts, and orthoses, this book is both comprehensive and easily accessible. A new section has been added to cover the array of different considerations for running footwear: barefoot, minimalist, maximalist, as well as new sport-specific recommendations. As in the previous edition, referral coding and billing are also addressed. Photographs and drawings clearly illustrate key concepts, and wherever relevant, the authors have incorporated evidence-based medicine. By presenting new and updated essential information in a user-friendly format, **Athletic Footwear and Orthoses in Sports Medicine Second Edition** will prove to be invaluable for sports medicine physicians, podiatrists, orthopedists, physical therapists, and athletic trainers. **Athletic**

Footwear and Orthotics in Sports Medicine ,2010 *Baxter's The Foot and Ankle in Sport E-Book* David A. Porter,Lew C. Schon,2007-12-07 An injury to the foot and ankle can be devastating to an athlete s performance Get your patients back to their peak physical condition using authoritative guidance from the only reference book focusing solely on sports related injuries of the foot and ankle Authoritative guidance on athletic evaluation sports syndromes anatomic disorders athletic shoes orthoses and rehabilitation and more provides you with the know how you need to overcome virtually any challenge you face A chapter focusing on sports and dance equips you to better understand and manage the unique problems of these high impact activities Comprehensive coverage of rehabilitation of the foot and ankle helps you ease your patients concerns regarding return to play International contributors share their expertise and provide you with a global perspective on sports medicine Case studies demonstrate how to approach specific clinical situations and injuries Three new chapters on Problematic Stress Fractures of the Foot and Ankle New Advances in the Treatment of the Foot and Ankle and The Principles of Rehabilitation for the Foot and Ankle deliver more expert knowledge and practice solutions than ever before Expanded chapters guide you through all aspects of treating sports related injuries of the foot and ankle from evaluation to rehabilitation

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