# Med Surg ATI Review

#### Ch. 1 Health, Wellness, and Illness

- Variables
  - Modifiable= can be changed, smoking, nutrition, health edu, sex practices, exercise
  - Non modifiable= sex, age, developmental level, genetics

#### Ch. 2 Emergency Nursing Principles and Management

- Triage
  - Resuscitation= level one
  - Emergent= level two
  - Urgent= level 3
  - Less urgent= level four
  - Nonurgent= level five, non life threatening condition require simple eval and care management
- ABCDE
  - Airway= maintain airway, head tilt/chin lift (do NOT perform if pt has spine injury\* do modified jaw thrust maneuver), bag valve mask w/ 100% O2, nonrebreather w/ 100% O2 use for spontaneous breathers
  - Breathing
  - Circulation
  - Disability= loc
  - Exposure= clothing
- Poisoning= use activated charcoal, gastric lavage (done w/l 1hr) aspiration
- Rapid response team= respond to emergency when pt has indications of rapid decline
- Cardiac emergency
  - Vfib= defibrillate, CPR, admin IV antidysrhythmic (epi, amiodarone, lidocaine, magnesium sulfate)
  - Vtach
- Epi= stimulate alpha 1 (vasoconstrict), beta 1 (increase hr), beta 2 (bronchodilate), good for superficial bleeding, increase bp. AV block and cardiac arrest and asthma
  - o s/e= htn crisis, dysrhythmias, angina
- Dopamine= renal blood vessel dilation, beta 1 increase hr, good for shock, hf
  - s/e= dysrhythmias, angina
- Dobutamine= beta 1 increase hr. good for hr

#### Ch. 3 Neurologic Diagnostic Procedures

- Cerebral angiography= visualization of cerebral blood vessels, assess blood flow within brain, id ancurvsms
  - Do NOT perform if pregnant, don't eat food or fluids for 4-6hrs prior to procedure, assess for allergy to shellfish or iodine b/c require use of contrast media, ask about anticoag, assess BUN and creatinine; monitor area for clotting after procedure
- CT= cross section image
- EEG= id seizure activity and sleep disorder
  - Wash hair b/f procedure, be sleep deprived, expose to flashing lights, hyperventilate for 3-4 min
- Glasgow coma scale= determine loc, best score is 15, score less than 8 is associate w/ severe head injury and coma
  - Eye open (E)
    - 4= eye open spontaneously
    - 3= eye open to sound

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**Arturo Cuomo** 



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