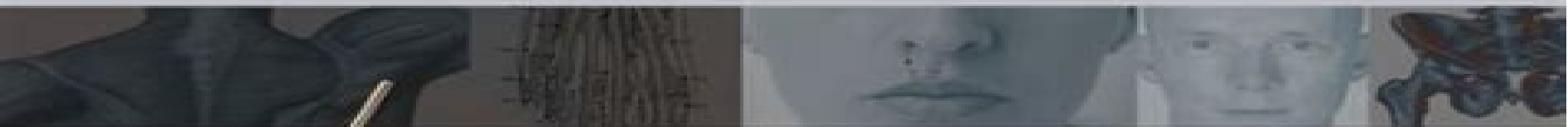


# 針灸

Claudia Focks

## Atlas of Acupuncture



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# Atlas Of Acupuncture By Claudia Focks

**Claudia Focks, Patricia Ann Potter**



## **Atlas Of Acupuncture By Claudia Focks:**

E-Book - Atlas of Acupuncture Claudia Focks, 2008-04-01 This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way Each of these points combine anatomical drawings and photographs of surface anatomy This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge Clear information on the full range of acupuncture points and main channels in a systematic and clear way Each point combines anatomical drawings and photographs of surface anatomy Attractive two colour design Highly illustrated      **Atlas of Acupuncture and Cards Package** Claudia Focks, Patricia Ann Potter, 2008-06-03      Atlas d'acupuncture Claudia Focks, Ulrich März, Ingolf Hosbach, ELSEVIER GmbH (Germany), 2024-05-28 Claudia Focks Avec la collaboration de Ulrich März et Ingolf Hosbach Ouvrage de référence l'Atlas d'acupuncture présente de façon exhaustive les douze méridiens principaux les points des huit merveilleux vaisseaux tout comme de nombreux points hors méridiens Chaque point est présenté selon le même modèle permettant de saisir d'un seul regard sur une même page les informations cliniques les plus importantes L'objectif est ainsi d'aider le praticien dans sa recherche de la localisation correcte du point de l'angle d'insertion de l'aiguille ainsi que des principales actions et indications Les caractéristiques particulières de chaque point sont aussi systématiquement présentées Le contenu de cette nouvelle édition a entièrement été actualisé en vue d'améliorer son caractère didactique et d'apporter plus de sécurité pour le traitement Les très nombreuses illustrations sont composées de photographies cliniques de schémas ainsi que de pictogrammes mettant en évidence l'angle et la profondeur d'insertion de l'aiguille tout comme des alertes qu'il s'agisse d'éviter des organes ou une ponction douloureuse L'état de la recherche scientifique a également été mis jour tenant compte des dernières données sur l'acupuncture et son efficacité L'Atlas d'acupuncture en dressant un panorama complet de cette pratique constitue un ouvrage incontournable pour les acupuncteurs qu'ils soient confirmés ou en formation      **Guide d'acupuncture** Claudia Focks, Ulrich März, 2022-09-20 Le Guide d'acupuncture est un manuel clair et structuré orienté sur la pratique Il indique tous les points d'acupuncture grâce à une iconographie de grande qualité qui rassemble plus de 1000 dessins et photographies étudiants et praticiens sont guidés pas à pas de l'anatomie de surface la localisation précise des points d'acupuncture Très visuel cet ouvrage propose une présentation didactique de chaque point sur une seule page les 361 points méridiens et les 67 points hors méridiens les schémas d'anatomie de tous les points importants la mise en relation des points d'acupuncture et l'indication des aspects régionaux les techniques de stimulation pour approfondir le traitement Cette nouvelle édition a été complétée avec notamment des descriptions plus précises sur la localisation des points d'acupuncture ainsi que leurs actions et indications      *Traces of a Daoist Immortal* Louis Komjathy, 2024-04-22 *Traces of a Daoist Immortal* is a Daoist infused tour de force on the Daoist mountain hermit Chen Tuxun Xuyi Infinitesimal Subtlety d. 989 and his fellow hidden

immortals Breaking various academic taboos including hyper historicism social constructivism and conformist mentalities here Komjathy in an aspirational gesture towards unbridled inquiry offers annotated translations and scholarly introductions to ten major works associated with the Daoist immortal The book also contains a cutting edge mythopoetic introduction that addresses the life and legend of Ch n Tu n his connection to the Western Marchmount of Hu sh n Mount Hua Hu y n Sh nx Daoist views about sleeping dreaming waking as well as Daoist time being *Atlas of Acupuncture* Claudia Focks,2008

**NEUROSENSITIVE FACIAL CUPPING** Carlos Paulo,2020-09-16 NEUROSENSITIVE FACIAL CUPPING English version For health practitioners beauticians SPA or for everyone Find more than 20 accessible application protocols Treat your orofacial pain with suction cups Use explanatory diagrams and photos The present work focuses on the neurological action of cupping and more precisely on the sensitive cutaneous nerves of the face and the neck However the finesse of neuroanatomy invites us to use complementary methods cervical hammock massage stick gua sha tuning fork etc The protocols presented are accessible to all in their basic principles You don t need to be an osteopath or specialist Treat orofacial but also nuchal pain at home or in the practitioner s office This book is a source of inspiration for all therapists in alternative therapy and more specifically in cupping Facial pain is mainly of trigeminal origin The nerve of the sensitivity of the face and the neck is the trigeminal nerve However we will study the greater occipital nerve to treat facial or cervical pain Part n 1 with a basic pain relief protocol and 9 facial cupping protocols They can be put together like a puzzle Also find new concepts of neuro facelifting The parts n 2 and n 3 are deepening of knowledge of the first part with the details of nerve connections and on the trigeminal nerve Part n 4 is an application of suction cups to the eleven cutaneous nerves of the face The eleven nerves will be described with techniques anatomy and can be the subject of an isolated protocol It completes like a puzzle the nine protocols of part 1 with details for experimental neuro facelifting Part n 5 is a detailed and original description of the greater occipital nerve that will inspire therapists a lot [The Fundamentals of Acupuncture](#) Nigel Ching,2016-09-21 A fantastically readable guide to Chinese Medicine this illustrated textbook covers the basic foundations and principles of acupuncture and TCM Nigel Ching covers everything from the theories of yin and yang to point functions and needling techniques

**Akupunktur und TCM verstehen** Ulrich März,2014-09-03 Alle wichtigen Themen aus dem Bereich Akupunktur werden allgemeinverständlich beschrieben und mit Fotos und Grafiken veranschaulicht Hinzu kommen Hinweise zu wissenschaftlichen Erkenntnissen und eine Liste mit Krankheiten und den Erfolgsaussichten ihrer Besserung mit TCM

[Maciocia La pratique de la médecine chinoise](#) Giovanni Maciocia,Sylviane Burner,2023-02-28 La nouvelle dition de La pratique de la m decine chinoise d crit les applications de la m decine chinoise traditionnelle De la th orie au diagnostic en passant par les diff rents traitements possibles c est plus de 48 maladies qui sont tudi es dans le pr sent volume S appuyant sur les textes fondateurs chinois classiques et modernes l auteur expose avec le soin qui a fait sa r putation les concepts de la pratique de l acupuncture et de la phytoth rapie Cette seconde dition pens e comme une encyclop die a t enrichie de

nombreuses illustrations et de 14 pathologies comme l'anxiété, l'hypertension ou encore la fibromyalgie. Faisant suite aux Principes fondamentaux de la médecine chinoise, cet ouvrage apportera aux étudiants et aux cliniciens des réponses concrètes à leurs questionnements. Chaque chapitre présente l'étiologie et la pathologie, une sélection de traitements utilisant l'acupuncture et les plantes médicinales, une liste de publications contemporaines chinoises, les différences entre les diagnostics traditionnels chinois et occidentaux. De nombreuses illustrations, cas cliniques et résumés qui viennent clarifier et faciliter la lecture.

**Energetics in Acupuncture** Radha Thambirajah, 2010-10-29. New title by the author of *Cosmetic Acupuncture*. Energetics is an area of growing interest and importance in acupuncture. Acupuncture treatment aims to correct the imbalance of energy or qi. Energetics is a method of diagnosing which aspects of qi are out of balance. Energetics in Acupuncture provides a straightforward diagnostic method of identifying which aspects of the qi are out of balance and therefore what acupuncture treatment is required. One symptom can be caused by many different imbalances of organs and it is essential for the therapist to correctly diagnose the problem before commencing treatment. Once the correct diagnosis is made, the relevant points can be treated with appropriate techniques. The book takes a logical approach to diagnosis and provides relevant lines of questioning and reasoning.

**FEATURES** Treatments are described for over 80 different diseases. Innovative visual towers show clearly what an energy imbalance looks like. Case studies illustrate imbalanced states.

**Le Diagnostic en médecine chinoise** Giovanni Maciocia, JOHN SCOTT & CO, 2020-08-25. Un regard détaillé et clinique sur la médecine chinoise. Rédigé par Giovanni Maciocia, auteur et enseignant de renommée mondiale, cet ouvrage complet et très illustré permet aux étudiants et aux praticiens d'interpréter avec soin toute une série de nuances diagnostiques. Il offre également une présentation détaillée pour chaque diagnostic par l'observation, par l'interrogatoire, par la palpation, par l'ouïe et l'odorat, un descriptif exhaustif des symptômes et des signes pour toutes les parties du corps, ainsi qu'un chapitre regroupant des tableaux pathologiques avec les processus d'identification pour toutes les manifestations cliniques. Cette édition aborde la pratique au-delà de la théorie avec des notes cliniques et de traitement qui fournissent des informations pratiques sur l'acupuncture y compris le traitement basé sur les plantes pour la plupart des symptômes et des signes, ce qui permet une application clinique en thérapie. Plus de 350 photographies et illustrations en couleur qui illustrent les signes cliniques externes afin d'identifier les diagnostics de manière plus précise des encadrés et des tableaux récapitulatifs qui résumement les éléments de base que vous devez connaître après avoir terminé un chapitre, un contenu mis à jour par un auteur expert qui présente les meilleures pratiques de diagnostic en médecine traditionnelle chinoise.

**Atlas de acupuntura** Claudia Focks, 2022-09-15. Tercera edición de este atlas fotográfico de acupuntura que reúne el contenido fundamental que el profesional debe conocer acerca de esta disciplina. La obra ofrece pautas anatómicas para localizar los puntos de acupuntura corporal y auricular más importantes en la superficie del cuerpo. Para ello, la autora describe la localización y el significado de cada uno de los puntos de acupuntura así como la dirección y profundidad de la punción con agujas. Las secuencias sucesivas

de fotografías facilitan la localización de los puntos y muestran cómo efectuar la punción La combinación entre la alta calidad gráfica de las imágenes del libro y las excelentes fotografías alrededor de 570 ilustraciones y 700 fotografías hacen de la obra un texto de estudio de agradable lectura y facilita la búsqueda de información Obra indispensable en el día a día de la práctica clínica para todos los profesionales de la acupuntura y la Medicina China Tercera edición de este atlas fotográfico de acupuntura que reúne de manera clara exhaustiva y con material gráfico especializado de excelente calidad el contenido fundamental que el profesional debe conocer acerca de esta disciplina La obra ofrece pautas anatómicas para localizar los puntos de acupuntura corporal y auricular más importantes en la superficie del cuerpo Para ello la autora describe la localización y el significado de cada uno de los puntos de acupuntura así como la dirección y profundidad de la punción con agujas Las secuencias sucesivas de fotografías facilitan la localización de los puntos y muestran cómo efectuar la punción

Encyclopedia of Wellness Sharon K. Zoumbaris, 2012-06-06 This wide ranging encyclopedia addresses our rapidly changing understanding of health and wellness providing a collection of essays that are up to date and comprehensive in both scope and breadth Encyclopedia of Wellness From A to Berry to Yo Yo Dieting offers expert advice to anyone seeking information on a condition or illness More than that however this three volume resource is a compendium of practical information on how to reduce poor health choices and live a healthy active vibrant life A source of basic easily understandable entries on health and wellness the encyclopedia covers an extraordinarily broad array of health related topics including acupuncture art therapy biofeedback food additives nutrition labels organic foods and workplace wellness Bulimia is covered as are depression autism cancer and environmental hazards Essays examine issues related to healthy living for the mind and the body stressing the importance of the mind body connection to good health Information is also offered on practical concerns such as medical savings accounts changes in medical insurance and the U S health care system Throughout the encyclopedia presents knowledge gleaned from new research on treatment and especially on choices in nutrition and exercise **Les principes fondamentaux de la médecine chinoise, 3e édition** Giovanni

Maciocia, 2018-03-06 Les principes fondamentaux de la médecine chinoise demeure l'ouvrage de référence incontournable pour la connaissance la pratique et les applications cliniques de la médecine chinoise dans les pays occidentaux Vritable bible l'ouvrage couvre de façon exhaustive les théories la base de la médecine chinoise et de l'acupuncture avec une précision et une clarté remarquables Il offre également une présentation détaillée des points d'acupuncture avec leurs indications et associations principales S'appuyant sur les textes chinois de référence anciens et modernes l'auteur accorde un soin particulier l'explication et l'adaptation des concepts traditionnels au contexte et aux pratiques cliniques occidentales Cette nouvelle édition entièrement en quadrichromie propose plus de 750 dessins et 1000 tableaux et encadrés permettant de mettre l'accent sur des notions clés des particularités cliniques et des rappels des notions fondamentales de la médecine chinoise des études de cas plus nombreuses confrontant théorie et applications cliniques de multiples notes cliniques tout au long du texte

des questions d'auto valuation et leurs réponses permettant au lecteur de suivre pas pas sa progression personnelle ainsi que des conseils pour mieux retenir les points importants des annexes toff es des outils de prescription un glossaire des termes chinois un index th matique avec plus de 2500 entr es Cet ouvrage se r v lera vite le compagnon indispensable de tout tudiant en m decine chinoise et de tout praticien aguerri souhaitant rafraichir ou enrichir ses connaissances dans le domaine

**Dasar Ilmu Akupresur dan Moksibusi** Muhamad N. Ikhsan, 2019-04-01 Penyakit pada kenyataannya tidak terelakkan Hal ini dapat dicegah atau disembuhkan dengan cepat jika daya tahan tubuh yang kuat Dengan mengikuti aturan kaidah alam sunnatullah dapat dengan mudah mendapatkan daya tahan tubuh yang kuat Jauh sebelum masehi 5000 tahun sebelum masehi sebelum dunia barat mengenal kedokteran modern seperti sekarang ini telah berkembang pengobatan holistik di Asia terutama Cina Jepang sebuah metoda pengobatan tradisional klasik yang mengaktifasi titik titik akupunktur pada jalur meridian di seluruh tubuh guna mendapatkan kondisi homeostatis peningkatan immunitas tubuh sehingga tujuan kesembuhan dapat tercapai engan akupresur jika titik titik tertentu di permukaan tubuh ditekan organ organ internal tubuh sesuai dengan titik titik ini cepat terpengaruh dan penyakit atau gangguan organ organ dieliminasi Akupresur adalah ilmu pengetahuan serta seni selain keahlian yang perlu dimiliki seorang terapis mutlak harus memiliki rasa sehingga dalam menterapi klien menjadi nyaman Penjelasan lengkap yang menarik dan analitis topik mengenai akupresur ini telah disajikan pada buku ini Buku ini disusun dalam rangka membantu meningkatkan pengetahuan kesehatan bagi masyarakat

Panduan Olah Napas-Olah Gerak BIO ENERGY POWER dalam Perspektif Kesehatan Tradisional Prof. Dr. Ir. Suhariningsih, 2022-04-07 Buku ini ditulis dengan motivasi ingin memberikan panduan praktis bagaimana cara yang tepat dan benar untuk melakukan Olah Napas Olah Gerak ON OG dalam metode Bio Energy Power BEP sehingga dapat bermanfaat untuk menjaga kesehatan tubuh Setelah mempelajari beberapa video creator BEP HJA dan menganalisisnya dengan modalitas akupunktur maka empat gerakan utama yaitu gesek perut gesek puting jawl pangkal hidung serta gerakan penutup adalah kunci dari keberhasilan ON OG BEP dalam menjaga kesehatan kita Oleh karena itu saya merasa perlu membagi pengetahuan melalui tulisan sederhana yang tertuang di dalam buku ini Buku panduan praktis sengaja ditulis dengan bahasa yang sederhana agar mudah dipahami oleh masyarakat yang ingin belajar BEP **JANGKAR AKUPUNKTUR Cara Mudah Menghafal Meridian #alaliza** dr. Liza A. Afghon, MM, M.Med. , 2025-07-12 Apakah Anda baru mulai belajar akupunktur dan merasa kewalahan menghafal 12 nama jalur meridian dan perjalanannya Tenang Anda tidak sendirian Banyak pemula merasa seperti sedang membaca peta tubuh yang rumit tanpa petunjuk arah Buku ini hadir untuk membantu Anda memulai dengan cara yang lebih mudah menyenangkan dan bumi Lewat metode unik Tempel Dada Perut alaliza Anda diajak belajar meridian bukan hanya dengan pikiran tetapi juga dengan sentuhan dan gerakan Tubuh Anda sendiri menjadi media belajar yang paling efektif Ibarat meletakkan jangkar di dasar laut metode ini menanamkan nama dan arah meridian langsung ke dalam ingatan kuat stabil dan tidak mudah terlupakan Cocok bagi siapa saja yang ingin memahami

dasar akupunktur dengan cara yang intuitif dan praktis Buku ini adalah pintu masuk yang bersahabat bagi pemula membantu Anda mengenal 12 meridian umum sebagai bekal penting menuju pemahaman titik titik akupunktur dan teknik penyembuhannya Mari mulai perjalanan Anda dari tubuh sendiri Karena tubuh punya bahasa dan lewat meridian Anda bisa mulai belajar mendengarkannya

**Leitfaden Chinesische Medizin - Grundlagen** Claudia Focks, 2025-02-10  
bersichtlich praxisnah bew hrt Dieses Standardwerk bietet eine fundierte Darstellung aller f nf Therapien der chinesischen Medizin allen voran der Akupunktur mit ihren Leitbahnen und Akupunkturpunkten und der chinesischen Phytotherapie mit ihren Arzneidrogen und Rezepturen Auch die Konzepte der chinesischen Di tetik der Tuina des Qigong und Taijiquan sind so aufbereitet dass Sie die Zusammenh nge verstehen und gewinnbringend in die Therapie einsetzen k nnen Unverzichtbar sind die Informationen zur Diagnostik und zu den Differenzialdiagnosen anhand der Leitkriterien und Syndrome Sie erhalten zudem grundlegende und umfangreiche Informationen zur Sicherheit der Arzneidrogen die umfassende Materia medica sowie die Spezialregister zu den Arzneidrogen lateinischer und Pinyin Name Rezepturen und Akupunkturpunkten Pinyin Name und numerische Bezeichnung die Ihnen ein gezieltes Nachschlagen erm glichen DAS unverzichtbare Kompendium f r TCM Lernende und DAS Nachschlagewerk f r rzte und rztinnen Heilpraktiker und Heilpraktikerinnen der TCM Vollst ndig aktualisierte und bearbeitete Auflage Spezialregister Arzneidrogen lateinischer und Pinyin Name Neues Format Texte jetzt besser lesbar gr ere Abbildungen f r den richtigen Blick auf die kleinen Details Alle Abbildungen in Farbe

Leitfaden Akupunktur Claudia Focks, Ulrich März, 2021-01-21  
In Wort und Bild erhalten Sie alle wichtigen klinisch relevanten Informationen zu Punktsuche und anwendung Schritt f r Schritt werden Sie ber die Oberfl chenanatomie zur korrekten Punktlokalisation geleitet 361 Leitbahnpunkte und 67 Extrapunkte Alle Punkte didaktisch bersichtlich auf einer Seite dargestellt Anatomische bersichtsabbildungen aller wichtigen Punkte Leitbahnpunkte in Relation zueinander durch Hervorhebung regionaler Aspekte Darstellung von Stimulationstechniken zur vertiefenden Behandlung Die neue 3 Auflage wurde komplett bearbeitet

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