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THE IAN YOUNG GOALTENDING METHOD

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Beyond The Mask The Ian Young Goaltending Method

Michael Rajnik



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Our Game Doug Beardsley, 1997 Like any allstar team the book has an impressive line up of crusty veterans unsung heroes and hot rookies Monday Magazine **Basic Hockey and Skating Skills** Jeremy Rose, Murray Smith, 1993 An introduction to basic ice and in line skating discussing equipment selection and maintenance skating techniques and drills and how to construct a homemade rink **The Hockey News ... Yearbook** ,1994 **Get the Edge** Audrey Bakewell, 1996 Audrey Bakewell provides an introduction to power skating covering essentials such as balance agility flexibility timing and endurance **Canadian Book Review Annual** ,1993 **Roller Hockey** Greg Siller, 1997 Anyone interested in roller hockey will find a complete guide to the game in this book from fundamentals to advanced techniques from rules to equipment as well as practical insights based on the author s own experiences in both ice hockey and roller hockey Photos diagrams charts *Children's Books in Print*, 2007 ,2006 **Quill & Quire** ,1993 **The Hockey Goalie's Handbook** Jim Corsi, John Hannon, 2002-03-18 The most comprehensive guide to the art and science of goaltending The past decade has seen a tremendous surge of interest in hockey More colleges and universities have added programs Hockey leagues are sprouting up in such unlikely places as Florida beach communities New Mexico desert towns and the Texas flatlands Coauthored by Jim Corsi goaltending coach for the Buffalo Sabres The Hockey Goalie s Handbook is the most comprehensive guide to mastering the most demanding hockey position goalie Drawing upon his extensive coaching experience at all levels from peewees to pros Corsi explores all facets of goaltending From the psychology of being a goalie to choosing and purchasing the right equipment for an individual s style and needs to drills for improving timing coordination reach and speed Corsi covers all the bases with invaluable advice and guidance as well as tips and techniques for aspiring goalies parents and hockey coaches *Books in Print Supplement* ,1994 **Canadian Books in Print. Author and Title Index** ,1975 *New York Magazine* ,1987-06-15 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea **The Book Buyer's Guide** ,1968 The Sporting News ,1976-04 Video Hounds Golden Movie Retrievee Gale Group, Jim Craddock, 2000-08 Containing the most extensive listing of movies available on video and a

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