

ALCHEMICAL TREATING



BY
NICKI SCULLY

Alchemical Healing A Guide To Spiritual Physical And Transformational Medicine

Linda Star Wolf, Anne Dillon



Alchemical Healing A Guide To Spiritual Physical And Transformational Medicine:

Alchemical Healing Nicki Scully, 2003-07-28 Combines shamanism alchemy and energy medicine to create a unique healing modality Explores how to turn the base substance of who you are the dark mystery of your subconscious into the alchemical gold of knowledge and enlightenment Includes techniques of distant healing and working with power animals and plant mineral and elemental spirits Shows how to utilize the Universal Life Force to reawaken inherent healing abilities Alchemical Healing brings together innovative techniques of shamanism and energetic healing with the principles of alchemy creating a practical form of physical healing therapeutic counseling and spiritual growth The author provides ways to integrate spirit and matter to develop communications between divinity and humanity to retrieve knowledge and to influence physical reality in order to achieve healing and transformation With simple directions readers are guided through attunements and empowerments that access the Universal Life Force energy and a five element system for healing themselves and others They learn powerful techniques such as psychic surgery distant healing and how to work with power animals and plant mineral and elemental spirit guides Alchemical Healing presents a sacred journey into the most profound principles and mysteries of creation It offers both an art form and a spiritual path that develops one's ability to co create the future with the wisdom of the spirit world

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Beyond Human Jaden Rose Phoenix, 2011-07-07 Feeling stuck in the human dimension It's all in your head Most seekers of expanded consciousness know what they'd like to manifest Freedom from pain and illness greater personal wealth connected relationships deeper contentment these should come to us when we transcend reality and tap into the realm of all possibility right It turns out that what makes us uniquely human our giant brains blocks our access to the universe beyond human Seeking control having to

know everything demanding results these are brain fed barriers to navigating dimensions that have no limits Jaden Phoenix gets us out of our heads and into our heart space Suddenly enlightenment isn't about perfection expectations or demands but about letting go trusting and allowing the universe to work through you You'll discover Basic tools and skills for navigating consciousness Simple strategies for bypassing your doubts fears and negative thinking A breakthrough holographic model for creating the life you want Tools that supercharge your life with power and energy The point of power where intent creates miracles The beauty of the deep magical space beyond human

Sacred Medicine of Bee, Butterfly, Earthworm, and Spider
Linda Star Wolf, Anna Cariad-Barrett, 2013-01-04 Spiritual lessons from insect archetypes of the Medicine Wheel Reveals the sacred wisdom inherent in Honeybee's pollinating Butterfly's transformation Spider's weaving and Earthworm's recycling Provides experiential practices such as Shamanic Breathwork journeys to connect with insect teachers and harness their consciousness activating patterns Shows how Dragonfly Cicada and Cricket connect us with the Great Star Nations the depths of Mother Earth and the music of life Includes access to Cricket Chorus Meditation audio tracks Our insect brothers and sisters are some of the most ancient beings and teachers on planet Earth Their powerful skills of adaptation and their plight such as the widespread colony collapse facing honeybees have brought them to the forefront of collective consciousness as every being on Earth faces a time of incredible transformation The archetypal energies of these sacred Wisdomkeepers can guide us through this evolutionary time with new pathways of shamanic healing and transformation to realize the highest potential of humanity Exploring the insect and arachnid archetypes of the Sacred Instar Medicine Wheel authors Linda Star Wolf and Anna Cariad Barrett reveal the consciousness activating patterns in the pollen flight of Honeybee the transformative chrysalis of Butterfly the creative weavings of Spider and the alchemical recycling of old into new of Earthworm They show how Dragonfly Cicada and Cricket connect us with the Great Star Nations the depths of Mother Earth and the music of life as demonstrated on the accompanying audio tracks Each chapter includes experiential practices such as Shamanic Breathwork journeys to help you embody the strengths of these humble teachers live within the natural cycles of planet Earth and discover a higher octave of sacred purpose

Planetary Healing Nicki Scully, Mark Hallert, 2011-09-21 Shamanic practices for making a difference in the world Offers shamanic tools for solving the challenges we face as a global community Provides healing practices and initiatory journeys to address pollution based diseases natural and man made disasters and environmental degradation Explores time physics and other dimensions to explain how to repair and evolve DNA and see into the future in order to change it In *Planetary Healing* shamanic healer Nicki Scully and visionary Mark Hallert reveal how to move beyond feeling helpless and overwhelmed by global crises so we can make a difference in the world through active participation in healing ourselves our families our communities and the planet A natural follow up to Scully's *Alchemical Healing* this book serves as a guide to navigate the coming global transformation and help co create a new Golden Age Sharing compelling accounts of shamanic responses to such epic disasters as Chernobyl the terrorist attacks

of September 11 2001 and the massive Gulf of Mexico oil spill in 2010 as well as tales of personal healing the authors offer initiatory journeys and visualization exercises that empower readers to engage in physical emotional spiritual and environmental healing across time and space Using powerful shamanic tools such as the Heart Breath Breaking Reality Barriers and Transforming Fear individuals can combine their healing intentions with the intelligent field of creation to effect tangible change in the world and tackle issues such as pollution based diseases natural and man made disasters environmental degradation and conscious evolution The Encyclopedia of Stress and Stress-Related Diseases, Second Edition Ada P. Kahn, 2006 Presents information on stresses in the environment their causes effects and possible ways to minimize or eliminate them **Green Medicine** Larry Malerba, D.O., 2011-03-15 According to Dr Larry Malerba modern medicine has perfected the short term technical repair of the physical body at the expense of the long term psychological and spiritual well being of the whole person In Green Medicine he examines this issue and provides a realistic blueprint for wellness and a valuable guide for those seeking deeper and more lasting healing Written in an accessible style the book draws on a rich range of fields physics philosophy Jungian thought shamanism alchemy Eastern thought Western esotericism sustainability orthodox medicine to create a green medical paradigm that represents a powerful integrative medical perspective Dr Malerba interweaves case histories from his own practice with innovative concepts from alternative and Western medicine in order to address a number of crucial questions What are the personal and environmental costs to the overuse of pharmaceutical drugs Is conventional medicine as scientific as it claims to be How can conventional doctors and alternative healers begin to work together How can individuals transform medicine and become participants in their own healthcare Green Medicine offers a practical and philosophical basis for building a viable green alternative that draws on the inherent unity of body heart mind soul and nature **Awakening to Animal Voices** Dawn Baumann Brunke, 2004-04-09 Contains information advice games exercises and experiments to access your natural ability to communicate with the animal kingdom **Trauma as Medicine** Sarah Salter-Kelly, 2021-05-14 On a cold winter s morning in December of 1995 Sarah Salter Kelly s mother was brutally raped and murdered in a dark parkade by a stranger After being found guilty of first degree murder the perpetrator suicided in prison In Trauma as Medicine Sarah shares her inspirational story as a template to guide the reader in their own journey of transformation She encourages you to consider the life lessons you came here to learn are found in the center of your greatest challenges and if you lean in miracles unfold For Sarah these miracles became a path of Forgiveness and Compassion Ten years after her mother s homicide she was compelled to understand the bad guy Who was he who were his people and what had transpired to lead him into the parkade that day Her desire for shared humanity led her to the First Nations land of his ancestors where she received a profound education in the history of colonization in Canada This is a real life example of metabolizing trauma on a personal and collective level for deep soul healing This book includes the following practices and teachings to guide your way Journal exercises meditations ceremonies

Connecting with your Helping Spirits Ancestors Source Guidelines for creating sacred space focused on relationship with Mother Earth Altered states such as Shamanic Journey Ayahuasca Facing fear using triggers as resources Metabolizing trauma embodying your medicine Forgiveness Collective healing being of service How to Create Sacred Water Kathryn W. Ravenwood, 2012-10-03 A hands on method to heal the waters of Gaia using powerful elixirs created with a sacred altar and consecrated crystals Reveals step by step the shamanic rituals and techniques to prepare crystal homeopathic elixirs to heal the waters of the Earth Explains how to create a sacred water altar in your home for elixir preparation as well as program the crystals used with healing intentions Includes shamanic journey meditations to connect with ancient water spirits and infuse your water healing work with sacred intention When Hurricane Floyd ravaged the North Carolina coast in 1999 Kathryn Ravenwood living thousands of miles away in Seattle was called by Spirit to help heal the toxic waters left behind Combining her longtime devotion to sacred altars with her newfound connection to crystals she developed a process to make crystal homeopathic elixirs to cleanse bodies of water both near and far Sharing her journey of spiritual calling and discovery Ravenwood explains how to create crystal homeopathic elixirs using a sacred water altar and attuned crystals Detailing how to create a personal altar in your home the crystals most suitable for this work such as amethyst and selenite as well as how to program them with your healing intentions she describes the month long cycle from full moon to full moon of ritual and prayer at the core of the process that infuses the elixirs with their cleansing and healing powers Ravenwood provides shamanic journey meditations based on Native American and Egyptian traditions to help you connect with ancient water spirits and guides and instill your water healing work with sacred purpose She explains how to ceremonially apply an elixir to a body of water and how the remedy will propagate outward to the ocean bringing healing to the waters it spans as well as to the animals it encounters Bringing spirituality into physicality and providing a practical application for the work of Dr Masaru Emoto this hands on shamanic method enables each of us to take part in transforming our planet as well as our selves for the health of Gaia and our own bodies is directly tied to the health of the waters that surround and are within us

Shamanic Awakening Sandra Corcoran, 2014-03-02 One woman's mystical path through grief into renewal expanded awareness and discovery of her own healing capabilities Offers a lens into a wide variety of wisdomkeeping traditions and alternative healing paradigms throughout the Americas and Europe Shows how the mystical path enables us to find renewal in times of profound loss Details the author's awakening to the energies of the cosmos which can guide us toward our destiny balanced between our soul's dark and light energies How do you find renewal after loss especially the loss of a child How do you find purpose and courage when loss is your constant teacher After weeks of profound grief following the loss of her young daughter Sandra Corcoran found herself inexplicably at a life changing workshop on indigenous teachings and energy healing With the first glimpse of the light that called her to the workshop Corcoran found herself beginning a 30 year metaphysical journey within initially to heal her grief but eventually leading her from the darkness into the light of her own

soul's evolution Working with Native elders and indigenous wisdomkeepers throughout North Central and South America Corcoran opened her heart to the immensity of the living energies of the cosmos and discovered her shamanistic gifts as an intuitive counselor dreamtime decoder and facilitator for others self healing As she learned to discern these living energies and work with them she also discovered the middle path between the soul's dark and luminous energies striking the balance that allows us to fulfill our destiny Sharing the core teachings of her many indigenous and esoteric mentors including lessons in synchronicity metaphysics the extraordinary power of the heart multi dimensional realms and energy healing Corcoran leads readers on an adventure across continents through birth death ceremony and ritual to renewal and the frontiers of expanded consciousness She shows that no matter how far outside of the familiar we are led we are guided back to ourselves and offered another opportunity to embrace our world and ultimately find our place in it **Visionary Shamanism** Linda Star Wolf, Anne Dillon, 2011-10-19 Shamanic practices to access your spiritual blueprint communicate with the universal mind and transform in to your highest spiritual self Explains how to tune in to imaginal cells to heal the past activate the shaman within and download information from the future Includes shamanic breathwork practices and rituals to open access to your spiritual blueprint the hologram of who your highest best self is meant to be and be more potent and powerful in the present We are in a highly transitional time on Earth as old structures break down in preparation for the new world that is coming The accelerated pace of this time of spiritual evolution is forcing each of us to awaken the shaman within and reach our highest potential as quickly as possible We no longer have the luxury of learning only from the past we must also download information from the future in order to be fully present fully conscious in our most embodied and best self now Incorporating the wisdom teachings of Seneca Wolf Clan Grandmother Twylah Nitsch with shamanic journeys and shamanic breathwork practices Linda Star Wolf and Anne Dillon explain how to heal the past learn from the future and activate the imaginal cells within our human energy field Imaginal cells are the energies of what has already happened and will happen stored in the blueprint of the invisible world By tuning in to these imaginal cells you can open access to your spiritual blueprint the hologram of who your highest best self is meant to be and accelerate your evolutionary potential in this lifetime Including information received by Star Wolf from the future the book explores how to develop a communication link with the universe receive guidance from the universal mind and draw information from the future to be more potent and powerful in the present live in harmony with one another and the planet and fully prepare yourself for the new world to come *The Elixir of Immortality* Robert E. Cox, 2009-09-09 A modern day quest that echoes the ancient alchemists work to discover the elixir of life Provides an overview of alchemical practices in the ancient world from Europe to China Reveals the alchemical secrets for creating this elixir in clear scientific language In 1989 while attempting to extract precious minerals from his property a wealthy Arizonan obtained a mysterious white material that initially defied scientific attempts to identify it After several years of testing this substance was revealed to consist of gold and platinum but in a form unknown to modern science

Further research showed that this powder which had also been discovered to possess marvelous healing powers contained monatomic forms of precious metals whose electron units had been altered to no longer display the physical chemical or electrical properties of the original elements This substance Robert Cox shows bears eerie resemblance to the ultimate quest of the alchemists the elixir of immortality The mysterious material spiritual science of alchemy was once pervasive throughout the ancient world spanning the globe from China and India to Egypt and medieval Europe In *The Elixir of Immortality* Robert Cox reviews the alchemical lore of these traditions and the procedures each used to produce this fabulous elixir Using his own alchemical research Cox then reveals secrets that have been kept hidden for millennia uncovered in his own modern day quest to rediscover this long sought elixir of life *Cry for Health, Volume 1, Health* Jesse Sleeman, 2011

Since the 1950s the prevalence of the so called diseases of civilisation has continued to skyrocket in Western countries Today as the same story is beginning to be repeated in newly industrialised nations modern diseases are reaching pandemic proportions Why has this happened The medical profession s spin is that the culprit is the aging of the population But as *Cry for Health Vol 1* reveals there is overwhelming evidence for why our populations are ailing evidence health authorities and governments have chosen to ignore or have refused to acknowledge or have kept hidden from the public to keep them clueless to the real culprits many modern technologies and our modern lifestyles *The Temples of Light* Danielle Rama Hoffman, 2009-10-21

A guide to the open heart wisdom and secret rites of passage of thirteen sacred temples in Egypt Provides information on how to thrive as we move from the Piscean to the Aquarian age Offers guided meditations and rituals that connect to the ancient power of the Flower of Life the Djed Pillar the Ka the energy body and more *The Temples of Light* guides the reader as the initiate on a spiritual journey through thirteen of Egypt s sacred temples a journey into the sanctuary of the open heart Each sacred site is a portal to ancient wisdom that can assist the modern day pilgrim with everyday life issues and struggles love purpose money and health and the deeper questions of enlightenment and our divine origin Danielle Rama Hoffman opens up sacred rites of passage that historically have been kept secret to forge a relationship with the temples of Egypt as allies and spirit guides For example the temple of Sakkara is associated with abundance the temple of Abydos with remembering The initiations in this book awaken intuition and the Sahu the fully realized self allowing connections to the power magic and wisdom of such sacred symbols as the Flower of Life the Djed Pillar the backbone of Osiris the Ka and the energy body Hoffman s guided meditations rituals and exercises also raise the reader s vibration level as we move from the Piscean to the Aquarian age Embodying the wisdom of the open heart of these temples imparts a shift in consciousness from fear to bliss from powerlessness to empowerment opening the body mind and spirit to the infinite possibilities within **Soul Whispering** Linda Star Wolf, Nita Gage, 2017-04-24

Restore your relationship with your soul break through patterns of dysfunction and learn to hear the intuitive wisdom of your soul s whisperings Explores shamanic tools modern psychotherapy techniques and ancient indigenous practices such as the Native American medicine wheel

Explains how to differentiate between your Inner Critic and the whisperings of your soul Details the Five Cycles of Change that we spiral through on our life's journey of transformation detailing what to do if you become stuck in one of the cycles Includes access to 5 audio journeys Addressing humanity's paradigm shift from linear consciousness to shamanic consciousness Linda Star Wolf and Nita Gage explore how the art of soul whispering can help each of us understand why we experience our lives the way we do and shift from healing our wounds to embracing the process of transformation This powerful new synthesis of shamanic healing and psychotherapy can help you restore your relationship with your soul transform dysfunctional ways of being learn to hear the intuitive wisdom and love of your soul's whisperings and develop the capacity to live in the present moment fully connected and alive Detailing the shamanic tools and psychospiritual practices of soul whispering the authors share inspiring stories of transformation from their own journeys and their work as shamanic soul whisperers They explain how soul whispering harnesses the power of the imaginal world to awaken shamanic consciousness restore resiliency of mind body and spirit and enact transformation at the cellular level They show how soul whispering allows you to become conscious of your wounds release the energy of victimization and develop love and forgiveness for yourself and others The authors explore mythological archetypes from Sumer and ancient Egypt to empower you in your life's journey of transformation and explain the Five Cycles of Change that we continually spiral through detailing what to do if you become stuck in one of the cycles Sharing the ageless wisdom of their collective shamanic experiences and personal journeywork the authors show how soul whispering allows you to break free from your patterns of dysfunction rekindle a profound soul connection and shift your story from one of wounding and suffering to one of initiation and vibrancy

Talking to the Spirits Kenaz Filan, Raven Kaldera, 2013-02-22 A guide to direct communication with the spirits and the Gods Offers practices for seekers and groups to learn to hear and respond to the spirits and the Gods as well as what to do and not do if you receive a message Explains how to authenticate spiritual messages with divination Discusses how to avoid theological conflicts when someone's personal gnosis differs from that of their Pagan group For our ancestors the whole world was alive with spirits The Gods bubbled forth from rivers and springs and whispered in the breezes that rustled through cities and farms The ground underfoot the stones the fire that cooked the food and drove off the darkness these all had spirits not just spirits in some other dimension but spirits in them who could be spoken to and allied with In today's world we are led to believe that the spirits long ago went silent and that spiritual wisdom can only be gained through established religious doctrine Providing a guide for opening two way conversation with the spirits of daily life as well as direct communication with the Gods Kenaz Filan and Raven Kaldera explore how to enrich your spiritual path with personal gnosis asking your Guides for assistance or teachings and receiving a response They explain how to develop your sensitivity to the voices of the Divine discern genuine spiritual messages from the projection of internal psychodrama and what to do and not do with the messages you receive Confirming their own personal gnosis with Northern Tradition Pagan beliefs and

Greco Roman Celtic Egyptian and indigenous hunter gatherer lore the authors discuss how to avoid theological conflicts when someone's personal gnosis differs from that of their Pagan group as well as how to authenticate messages with individual and group divination Offering practices and principles for seekers and groups they reveal that the spirits never went silent we simply forgot how to hear them

Power Animal Meditations Nicki Scully, 2001-12-01 A collection of guided journeys and meditations to help the reader connect with and learn from power animals and spirit allies 50 unique power animal and spirit guide meditations Illustrated by the award winning artist of Medicine Cards Angela Werneke 7 additional journeys going to new levels added since first edition What can the hawk teach you about your life purpose What does the salmon know of fertile dreams goal setting and self actualization Calling upon the magical wisdom of nature Nicki Scully guides us into the spirit world of sacred totems oracles and animal teachings from many cultures including Africa Egypt and North America Encounter the archetypal wisdom teachings of Cobra Eagle Dolphin Lioness White Buffalo Coyote Cedar Tree and many others Each totem is exquisitely illustrated by Angela Werneke the award winning illustrator of Medicine Cards

Shamanic Breathwork Linda Star Wolf, 2009-11-17 Utilizing the healing power of breath to change consciousness Explains how to enter altered states of consciousness increase paranormal abilities and resolve old traumas using breathwork Introduces the Five Cycles of Change that bring about major life shifts and how to work with them Includes 70 minute audio download of chakra attuned rhythms to play during the journey Incorporating psychospiritual tools with her Shamanic Breathwork practice Linda Star Wolf shows how to spiritually journey in the same way shamans entrain to the rhythms of drums or rattles using the breath either alone or together with music Much like traveling to sacred places or ingesting entheogens this practice can be used to enter altered states of consciousness connect to cosmic consciousness increase paranormal abilities and awaken the shaman within Breathwork can also be used to resolve old traumas and shapeshift unproductive modes of thinking in order to move beyond them Utilizing the healing power of breath along with chakra attuned music Linda Star Wolf explores the Five Cycles of Change the Alchemical Map of Shamanic Consciousness and how these cycles affect you as you move through major shifts in your life Filled with personal stories and case histories the book also includes 70 minute audio download of shamanic trance rhythms and a guided meditation to awaken the chakras during practice

Sekhmet Nicki Scully, 2017-05-25 A shamanic ritual with the Egyptian goddess Sekhmet to bring about alchemical transformation at the deepest levels of your being Details how to work with Sekhmet to transform your negative behavior patterns and character flaws into creative impulses and higher energies Leads you through guided visualizations illustrated with photographs to Sekhmet's chapel at the Temple of Karnak and through her shamanic ritual of transformation Includes initiations rites of passage and transmissions from Sekhmet to release your fears and anger and rejuvenate your body mind and spirit Sekhmet is the lioness goddess of the Egyptian Pantheon a fierce protector of truth balance and the Cosmic order of Ma at Known and feared as the goddess of war and destruction she also represents the transformative power

of kundalini energy or sekhem and is the main goddess to harness this power for healing As She Who Comes in Times of Chaos she takes offerings of fear rage and weakness and transforms them into alchemical gold the universal medicine for physical emotional and soul healing In this book you are guided through a shamanic ritual of alchemical transformation and initiation with Sekhmet working with this powerful goddess to release your most deeply rooted negative behavior patterns and be reborn into a more purified state of consciousness Using intensive self examination exercises to help you prepare to meet the goddess the author leads you through a guided visualization illustrated with photographs to an ancient statue of Sekhmet in her chapel at the Temple of Karnak There you will be shamanistically devoured by the goddess directly experiencing the alchemical process of transformation in the belly of Sekhmet until you are rebirthed as a fully realized adult child of the goddess You will experience how your offering of pain fear rage and self sabotage is digested absorbed and assimilated by Sekhmet while you are initiated into the alchemy of total transformation The initiations rites of passage and transmissions from Sekhmet included in the journey restructure the most important aspects of your body mind spirit and soul This journey of shamanic death illumination and rebirth in the belly of Sekhmet provides an opportunity to heal on all levels and allows you to release your rage anger and fear as you transform the energies that maintained them into creative and constructive solutions that benefit yourself your community and the planet

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