

# BLS for Healthcare Providers Study Guide and Pretest



Vanderbilt Resuscitation Program

## Adult CPR

### ■ 1-Rescuer CPR Sequence

- check for responsiveness
- if no response, activate 911 and get the AED
- open the airway
- look, listen, & feel for breathing
- no breathing, give 2 breaths
- check carotid pulse
- no pulse, begin chest compressions
- continue 30 compressions and 2 breaths until the AED arrives, ALS takes over, or the victim moves

### Reminders

- Take 5-10 seconds to check for breathing and pulse
- Ensure chest rises with each breath
- Place hands in the center of the chest for compressions
- Allow chest to recoil completely or return to its normal position
- Compression rate: 100/minute
- Compress 1 1/2 to 2 inches

# Bls Study Guide And Pretest

**LP Steffe**



## **Bls Study Guide And Pretest:**

## Decoding **Bls Study Guide And Pretest**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Bls Study Guide And Pretest**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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