

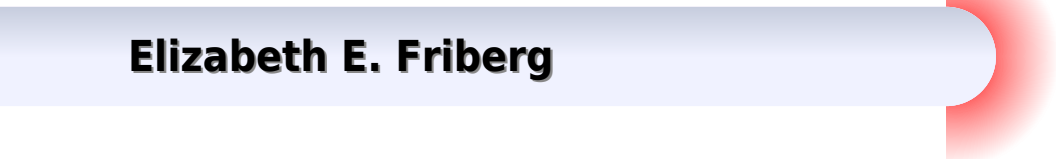
***No Gym Membership
Required: 8 Ways to
Get Moving***



THORNE

Nature Workouts No Gym Membership Required

Elizabeth E. Friberg



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