# BEHIND THE MASK

revised and updated



THE IAN YOUNG GOALTENDING METHOD

lan Young and Chris Gudgeon

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# **Beyond The Mask The Ian Young Goaltending Method**

Ian Young, Christopher Gudgeon, Chris Gudgeon

### **Beyond The Mask The Ian Young Goaltending Method:**

**Behind the Mask** Ian Young, Christopher Gudgeon, Chris Gudgeon, 1992 This completely revised edition of Behind the Mask combines the first two volumes in the bestselling Ian Young Goaltending Trilogy Behind the Mask and Beyond the Mask Now in one convenient book is everything a coach or young goaltender needs to develop and practice essential skills Also included are exciting game action photographs and informative diagrams Author Ian Young is a world renowned authority whose innovative drills and practice techniques have a proven record of success with coaches parents and goaltenders

Our Game Doug Beardsley, 1997 Like any allstar team the book has an impressive line up of crusty veterans unsung heroes and hot rookies Monday Magazine Basic Hockey and Skating Skills Jeremy Rose, Murray Smith, 1993 An introduction to basic ice and in line skating discussing equipment selection and maintenance skating techniques and drills and how to construct a homemade rink The Hockey News ... Yearbook ,1994 **Get the Edge** Audrey Bakewell,1996 Audrey Bakewell provides an introduction to power skating covering essentials such as balance agility flexibility timing and endurance Canadian Book Review Annual ,1993 Roller Hockey Greg Siller, 1997 Anyone interested in roller hockey will find a complete guide to the game in this book from fundamentals to advanced techniques from rules to equipment as well as practical insights based on the author's own experiences in both ice hockey and roller hockey Photos Children's Books in Print, 2007, 2006 **Ouill & Ouire** .1993 diagrams charts The Hockey Goalie's Handbook Jim Corsi, John Hannon, 2002-03-18 The most comprehensive guide to the art and science of goaltending The past decade has seen a tremendous surge of interest in hockey More colleges and universities have added programs Hockey leagues are sprouting up in such unlikely places as Florida beach communities New Mexico desert towns and the Texas flatlands Coauthored by Jim Corsi goaltending coach for the Buffalo Sabres The Hockey Goalie's Handbook is the most comprehensive quide to mastering the most demanding hockey position goalie Drawing upon his extensive coaching experience at all levels from peewees to pros Corsi explores all facets of goaltending From the psychology of being a goalie to choosing and purchasing the right equipment for an individual s style and needs to drills for improving timing coordination reach and speed Corsi covers all the bases with invaluable advice and guidance as well as tips and techniques for aspiring goalies parents and hockey coaches Books in Print Supplement, 1994 Canadian Books in Print. Author and Title Index New York Magazine, 1987-06-15 New York magazine was born in 1968 after a run as an insert of the New York ,1975 Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a The Book Buyer's Guide ,1968 The Sporting News, 1976-04 Video Hounds Golden Movie place and an idea Retrievee Gale Group, Jim Craddock, 2000-08 Containing the most extensive listing of movies available on video and a

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