

lynn grabhorn

Beyond the Twelve Steps

roadmap to a new life

Beyond The Twelve Steps Roadmap To A New Life

Lynn Grabhorn



Beyond The Twelve Steps Roadmap To A New Life:

Beyond the Twelve Steps Lynn Grabhorn,1999 **Beyond the Twelve Steps** Lynn Grabhorn,2001-05-01 From a New York Times bestselling author a recovery book for twelve steppers or anyone interested in finding inner peace after overcoming addiction What will it take for us to stop living dreary lives What will it take for us to fill the deep ache and longing we all have for that elusive something more In a courageous departure from the traditional twelve step views of spirituality Lynn takes our hungry souls on a life changing journey to the kingdom within laying out a path of startling new concepts to reconnect us with our own divinity For years Lynn Grabhorn was a passionate student of thought and our divine relation to Self Raised in Short Hills New Jersey she moved to California in 1963 the same year she joined A A In her own words Our inner beings are crying out for us to remember who and what we really are because the call is out big time for us to wake up All it takes is a deep desire and anyone can make this journey with ease Grabhorn shows us how to access that inner source of energy to create the reality we want in our lives This is a great book for those serious about their spiritual growth and ready for the next steps into mastery Convergence magazine Truly this is an important new book which stands out from the plethora of recovery literature Acknowledging the debt she owes to Alcoholics Anonymous the author encourages the reader to move beyond self imposed limitations Small Press magazine *The Excuse Me, Your Life Is Waiting Playbook* Lynn Grabhorn,2011-01-01 This witty and practical guide to Excuse Me Your Life is Waiting is no ordinary workbook The Playbook takes readers well beyond the basic ground rules of deliberate creation as laid out in Excuse Me in a uniquely entertaining manner This is a workbook for empowerment with clearly focused explanations discussion material meditations and exercises that are essential building blocks for a new way of being Isn t it worth a little work to have the life you ve always wanted This is a complete overhaul of the Grabhorn classic The text has been tightened and clarified New stories are included that give the Playbook a more contemporary feel And finally the completely new design gives a whole new look The new playbook is now a user friendly tool for those who are looking to live the Law of Attraction each and every day of the year **Miracle Relationships** John Campbell,2023-10-27 What course s do intimate relationships usually take And why do they often seem to go wrong A concise brief guide aimed at finding and maintaining peaceful harmonious relationships Miracle Relationships A Path to Freedom and Joy w i ll help you understand the purpose of these relationships and the gifts they have to offer Understand the healing opportunities in every relationship and the real reason we choose the partners we choose End the cycle of repeated painful patterns and discover that there is no failed relationship *Why Can't Church Be More Like an AA Meeting?* Stephen R. Haynes,2021-10-26 Do Christians need recovery Or is recovery something needed by the church itself Addiction whether to a substance or to a behavior is a problem within faith communities just like it is everywhere else But because churches are rarely experienced as safe places for dealing with addiction co addiction or the legacy of family dysfunction Christians tend to seek recovery from these conditions in Twelve Step fellowships Once they

become accustomed to the ethos of vulnerability acceptance and healing that these fellowships provide however they are often left feeling that the church has failed them with many asking why can't church be more like an AA meeting Inspired by his own quest to find in church the sort of mutual support and healing he discovered in Twelve Step fellowships Stephen Haynes explores the history of Alcoholics Anonymous and its relationship to American Christianity He shows that while AA eventually separated from the Christian parachurch movement out of which it emerged it retained aspects of Christian experience that the church itself has largely lost comfort with brokenness and vulnerability an emphasis on honesty and transparency and suspicion toward claims to piety and respectability Haynes encourages Christians to reclaim these distinctive elements of the Twelve Step movement in the process of recovering church He argues that this process must begin with he calls Step 0 which as he knows from personal experience can be the hardest step the admission that despite appearances we are not fine

Universal Truth Dr. Peter C. Rogers, 2011-10-18 This book unlocks many of the mysteries held throughout ancient times by introducing the reader to concepts and beliefs predating organized religion Universal Truth is an expose of hidden knowledge and truths practiced by adepts and spiritual masters since the beginning of time as we know it In this book Dr Rogers researches countless subjects dealing with metaphysical teachings to help readers gain a better understanding of the world in which live and the laws that govern it Universal Truth is the key to the kingdom for anyone who's not afraid to venture beyond the known into a world of secrecy and mystery that lay hidden from the common person But be for warned this is not a book for the religious at heart nor the conditioned thinker but rather this is a book for the open minded and the brave spirited You won't believe what's been hidden from you by the Church the world governments and the powers that be This is truly a masterpiece and a cornucopia of light for the ardent seeker of wisdom

Ultimate Truth D. D. Peter C. Rogers, D. D. Ph. D. Peter C. Rogers, 2009-05 ULTIMATE TRUTH is the first volume of the TRUTH series It is a riveting thought provoking masterpiece of theories philosophy and great spiritual insight about our Divine nature and Celestial origins It delves heavily into the esoteric and occult teachings that many are often unaware of or too afraid to accept In this book author Peter C Rogers D D Ph D takes on many of the topics that are taboo or often hard to understand and simplifies them for the common lay person This book will prompt you to ponder and even question a lot of the things you hold to be true It will shake your foundation to the core causing you to wonder why you've never been taught these things in school in church or in society By the same token this book will be met with public ridicule controversy and resistance by those who are still unwilling to accept the Ultimate Truth about our Being As this book will point out we are living in an age where truth is our only salvation and the deception of the elite will no longer be tolerated by the masses Our planetary consciousness is stirring and we as a race of Cosmic Spiritual Beings are heeding the call of the Divine in our spirits and in our genetic memory code This book is yet another piece of the awakening process for all those who look therein It is a synthesis of various truths fundamental spiritual beliefs powerful incite and thought provoking stimuli The only thing that

now stands between you and a new way of life is You for a closed mind is a barrier against change May your life be forever altered by the renewing of your mind and the liberation of your Spirit Publishers Trade List Annual, 1992 ,1992

Excuse Me, Your Life is Waiting Lynn Grabhorn,2011-12-08 We all know how strong our emotions can be but do we really appreciate that they can actually help us to achieve what we want We sometimes disregard our feelings and carry on living life the way we have always lived it but our emotions are in fact the key to finding a life that is the way we always dreamt it would be Top life coach and author Lynn Grabhorn helps us to realise how negative feelings create negative energy and events then presents the techniques we can use to recognise these negative emotions change them into positive ones and watch the transformation begin Written in a clear friendly direct style and with real life anecdotes as examples this book uncovers the real strength behind our emotions and will help everyone who has ever wanted to turn their life around to achieve their true desires **The Publishers' Trade List Annual** ,1992 **The Publishers Weekly** ,2001 Feminist Bookstore News ,1993 *Forthcoming Books* Rose Arny,2001 *American Bookseller* ,1991 EXODUS 'A Roadmap for the Journey Out of Captivity' Troy Jensen,2010-05-24 Our heart s desire is that you find the truth the truth about the Lord Jesus Christ Everything has been made by and for Him His kingdom is at hand and is available for reconciliation restoration and healing Jesus teaches us to pray Your kingdom come your will be done on earth as it is in heaven Matt 6 10 He would not teach us to pray like this if He was not making His kingdom available here and now God has called anointed appointed and is equipping EXODUS to bring freedom to the captives Furthermore He is not just setting people free He has also promised to bring them into His abundant life a land flowing with milk and honey This manual has been developed and engineered to help you and your helper s to have a road map for the way out of captivity to drugs alcohol sexual immorality the love of money gambling bitterness rage gluttony gossiping or any other sort of habitual idolatry So that you can be released to walk in your true identity **The British National Bibliography** Arthur James Wells,2006 *Small Press* ,1993 **Subject Guide to Books in Print** ,1997 *Relaciones milagrosas* John Campbell, Qu curso suelen seguir las relaciones ntimas en mi vida Por qu con frecuencia parecen ir mal Soy consciente de c mo elijo a mi pareja una de las elecciones m s importantes de mi vida Relaciones Milagrosas te ense a a establecer y mantener v nculos pac ficos y armoniosos Te ayuda a entender el prop sito de las relaciones y los dones que ofrecen as como las oportunidades de curaci n que contienen y la verdadera raz n por la que elegimos a nuestras parejas Acaba con el ciclo de experiencias dolorosas y repetitivas y descubre que ninguna relaci n es un fracaso Esta breve gu a directa y f cil de leer es una joya de sabidur a avalada por el sentido com n y el largo recorrido de aprendizaje de su autor *Small Press Record of Books in Print* Len Fulton,1993

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