

ART, CULTURE, & CUISINE



ANCIENT &
MEDIEVAL GASTRONOMY

PHYLLIS PRAY BOBER

Art Culture And Cuisine Ancient And Medieval Gastronomy

Nawal Nasrallah



Art Culture And Cuisine Ancient And Medieval Gastronomy:

Art, Culture, and Cuisine Phyllis Pray Bober, 2001-06 How we define prepare and consume food can detail a full range of social expression Examining the subject through the dual lens of archaeology and art history this book argues that cuisine as an art form deserves a higher reputation

Food and Foodways of Medieval Cairenes Paulina Lewicka, 2011-08-25 As a corpus based study which aims at profiling the food culture of medieval Cairo the book is an attempt to reconstruct the menu of Cairenes as well as their various daily practices customs and habits related to food and eating

Tastes and Temptations John L. Varriano, 2009 John Varriano's book is not only a delightful read but draws fascinating parallels between two hitherto disparate fields art history and the history of food in the Renaissance Outstanding scholarship that opens whole new venues of inquiry Ken Albala author of *Eating Right in the Renaissance* and *Beans A History* Art history and food history have traditionally been separate disciplines parallel universes In this book John Varriano makes a cosmic leap and lures the two into a stimulating provocative and always entertaining study a tasting menu of gastronomic and visual delights Gillian Riley author of *The Oxford Companion to Italian Food* With wit and erudition John Varriano shows us how broad cultural relationships can be drawn between the developments of Italian Renaissance art and the period's growing and changing interest in food Enlightening and fascinating details greatly enhance our understanding of the roles that taste and temptation played in creating the early modern world David G Wilkins co editor of *History of Italian Renaissance Art* Appetites for palate and palette are both whetted in Varriano's urbane and thoroughly magisterial study What could be more satisfying than to feast on food and art together at the same historic table Patrick Hunt author of *Renaissance Visions*

Beer in the Middle Ages and the Renaissance Richard W. Unger, 2013-05-22 The beer of today brewed from malted grain and hops manufactured by large and often multinational corporations frequently associated with young adults sports and drunkenness is largely the result of scientific and industrial developments of the nineteenth century Modern beer however has little in common with the drink that carried that name through the Middle Ages and Renaissance Looking at a time when beer was often a nutritional necessity was sometimes used as medicine could be flavored with everything from the bark of fir trees to thyme and fresh eggs and was consumed by men women and children alike *Beer in the Middle Ages and the Renaissance* presents an extraordinarily detailed history of the business art and governance of brewing During the medieval and early modern periods beer was as much a daily necessity as a source of inebriation and amusement It was the beverage of choice of urban populations that lacked access to secure sources of potable water a commodity of economic as well as social importance a safe drink for daily consumption that was less expensive than wine and a major source of tax revenue for the state In *Beer in the Middle Ages and the Renaissance* Richard W Unger has written an encompassing study of beer as both a product and an economic force in Europe Drawing from archives in the Low Countries and England to assemble an impressively complete history Unger describes the transformation of the industry from small scale production that was a basic part of housewifery

to a highly regulated commercial enterprise dominated by the wealthy and overseen by government authorities Looking at the intersecting technological economic cultural and political changes that influenced the transformation of brewing over centuries he traces how improvements in technology and in the distribution of information combined to standardize quality showing how the process of urbanization created the concentrated markets essential for commercial production Weaving together the stories of prosperous businessmen skilled brewmasters and small producers this impressively researched overview of the social and cultural practices that surrounded the beer industry is rich in implication for the history of the period as a whole

A History of Food Maguelonne Toussaint-Samat, 2009-03-25 The story of cuisine and the social history of eating is a fascinating one and Maguelonne Toussaint Samat covers all its aspects in this classic history New expanded edition of a classic book originally published to great critical acclaim from Raymond Blanc The New York Times The Sunday Telegraph The Independent and more Tells the story of man's relationship with food from earliest times to the present day Includes a new foreword by acclaimed food writer Betty Fussell a preface by the author updated bibliography and a new chapter bringing the story up to date New edition in jacketed hardback with c 70 illustrations and a new glossy color plate section Indispensable and an endlessly fascinating book The view is staggering Not a book to digest at one or several sittings Savor it instead one small slice at a time accompanied by a very fine wine New York Times This book is not only impressive for the knowledge it provides it is unique in its integration of historical anecdotes and factual data It is a marvellous reference to a great many topics Raymond Blanc Quirky encyclopaedic and hugely entertaining Adelight Sunday Telegraph It's the best book when you are looking for very clear but interesting stories Everything is cross referenced to an extraordinary degree which is great because the information given is so complex and interweaving The Independent A History of Food is a monumental work a prodigious feat of careful scholarship patient research and attention to detail Full of astonishing but insufficiently known facts Times Higher Education Supplement

Heritage Tourism Beyond Borders and Civilizations İnci Oya Coşkun, Alan Lew, Norain Othman, Gökçe Yüksek, Semra Günay Aktaş, 2020-06-29 This book gathers the best papers presented at the 11th Tourism Outlook Conference held in Eskişehir Turkey from 3 to 5 October 2018 Covering various aspects of heritage and its effects on tourism issues the contributions provide a multidisciplinary perspective on emerging issues and challenges in the area The book also analyzes both the tangible and intangible properties of natural cultural and historical heritage and how these relate to and influence tourism and evaluates the importance and role of heritage in tourism destinations and products By providing a platform for cross disciplinary dialogues that integrate research and insights from diverse geographical sectoral and institutional perspectives the book allows readers to gain a better understanding of heritage tourism

Food and Knowledge in Renaissance Italy Deborah L Krohn, 2016-04-15 Though Bartolomeo Scappi's Opera 1570 the first illustrated cookbook is well known to historians of food up to now there has been no study of its illustrations unique in printed books through the early seventeenth century In Food and Knowledge in

Renaissance Italy Krohn both treats the illustrations in Scappi's cookbook as visual evidence for a lost material reality and through the illustrations including several newly discovered hand colored examples connects Scappi's Opera with other types of late Renaissance illustrated books What emerges from both of these approaches is a new way of thinking about the place of cookbooks in the history of knowledge Krohn argues that with the increasing professionalization of many skills and trades Scappi was at the vanguard of a new way of looking not just at the kitchen as workshop or laboratory but at the ways in which artisanal knowledge was visualized and disseminated by a range of craftsmen from engineers to architects The recipes in Scappi's Opera belong on the one hand to a genre of cookery books household manuals and courtesy books that was well established by the middle of the sixteenth century but the illustrations suggest connections to an entirely different and emergent world of knowledge It is through study of the illustrations that these connections are discerned explained and interpreted As one of the most important cookbooks for early modern Europe the time is ripe for a focused study of Scappi's Opera in the various contexts in which Krohn frames it book history antiquarianism and visual studies **Proceedings, American Philosophical Society (vol. 148, no. 3, 2004)** , **Food and the Memory** Harlan Walker, 2001 This is the eighteenth volume of the ongoing series of papers and submissions to the Oxford Symposium on Food Cookery the longest running food history conference in the world The subject this year is more speculative than is often the case and contributors have ranged widely over a topic which allows them to explore the psychological bases of food consumption and the development of cookery as well as more obvious excursions down memory lane in pursuit of food and drink Intercultural Explorations and the Court of Henry VIII Nadia T. van Pelt, 2023-12-12 In this new addition to the Oxford Textual Perspectives series Nadia van Pelt takes the reader along to the dazzling world of the Tudor court culture from music and drama food and fashion to the underlying religious political and dynastic trends that informed these cultural expressions Dark Age Bodies Lynda L. Coon, 2011-06-06 In Dark Age Bodies Lynda L. Coon reconstructs the gender ideology of monastic masculinity through an investigation of early medieval readings of the body Focusing on the Carolingian era Coon evaluates the ritual and liturgical performances of monastic bodies within the imaginative landscapes of same sex ascetic communities in northern Europe She demonstrates how the priestly body plays a significant role in shaping major aspects of Carolingian history such as the revival of classicism movements for clerical reform and church state relations In the political realm Carolingian churchmen consistently exploited monastic constructions of gender to assert the power of the monastery Stressing the superior qualities of priestly virility clerical elites forged a model of gender that sought to feminize lay male bodies through a variety of textual ritual and spatial means Focusing on three central themes the body architecture and ritual practice the book draws from a variety of visual and textual materials including poetry grammar manuals rhetorical treatises biblical exegesis monastic regulations hagiographies illuminated manuscripts building plans and cloister design Interdisciplinary in scope Dark Age Bodies brings together scholarship in architectural history and cultural anthropology

with recent works in religion classics and gender to present a significant reconsideration of Carolingian culture

The Memory of Bones Stephen D. Houston, Stuart David, Karl Taube, 2013-05-01 An analysis of the intellectual and emotional life of ancient Mesoamerican people through studies of figural works and inscriptions All of human experience flows from bodies that feel express emotion and think about what such experiences mean But is it possible for us embodied as we are in a particular time and place to know how people of long ago thought about the body and its experiences In this groundbreaking book three leading experts on the Classic Maya ca AD 250 to 850 marshal a vast array of evidence from Maya iconography and hieroglyphic writing as well as archaeological findings to argue that the Classic Maya developed an approach to the human body that we can recover and understand today Starting with a cartography of the Maya body as depicted in imagery and texts the authors explore how the body was replicated in portraiture how it experienced the world through ingestion the senses and the emotions how the body experienced war and sacrifice and the pain and sexuality how words often heaven sent could be embodied and how bodies could be blurred through spirit possession From these investigations the authors convincingly demonstrate that the Maya conceptualized the body in varying roles as a metaphor of time as a gendered sexualized being in distinct stages of life as an instrument of honor and dishonor as a vehicle for communication and consumption as an exemplification of beauty and ugliness and as a dancer and song maker Their findings open a new avenue for empathetically understanding the ancient Maya as living human beings who experienced the world as we do through the body

Near a Thousand Tables Felipe Fernandez-Armesto, 2002-06-04 In *Near a Thousand Tables* acclaimed food historian Felipe Fernandez Armesto tells the fascinating story of food as cultural as well as culinary history a window on the history of mankind In this appetizingly provocative Los Angeles Times book he guides readers through the eight great revolutions in the world history of food the origins of cooking which set humankind on a course apart from other species the ritualization of eating which brought magic and meaning into people's relationship with what they ate the inception of herding and the invention of agriculture perhaps the two greatest revolutions of all the rise of inequality which led to the development of haute cuisine the long range trade in food which practically alone broke down cultural barriers the ecological exchanges which revolutionized the global distribution of plants and livestock and finally the industrialization and globalization of mass produced food From prehistoric snail herding to Roman banquets to Big Macs to genetically modified tomatoes *Near a Thousand Tables* is a full course meal of extraordinary narrative brilliant insight and fascinating explorations that will satisfy the hungriest of readers

A Companion to the Roman Empire David S. Potter, 2008-04-15 *A Companion to the Roman Empire* provides readers with a guide both to Roman imperial history and to the field of Roman studies taking account of the most recent discoveries This Companion brings together thirty original essays guiding readers through Roman imperial history and the field of Roman studies Shows that Roman imperial history is a compelling and vibrant subject Includes significant new contributions to various areas of Roman imperial history Covers the

social intellectual economic and cultural history of the Roman Empire Contains an extensive bibliography **Health and Disease in Byzantine Crete (7th-12th centuries AD)** Dr Chryssi Bourbou, 2013-07-28 Daily life and living conditions in the Byzantine world are relatively underexplored subjects often neglected in comparison with more visible aspects of Byzantine culture such as works of art The book is among the few publications on Greek Byzantine populations and helps pioneer a new approach to the subject opening a window on health status and dietary patterns through the lens of bioarchaeological research Drawing on a diversity of disciplines biology chemistry archaeology and history the author focuses on the complex interaction between physiology culture and the environment in Byzantine populations from Crete in the 7th to 12th centuries The systematic analysis and interpretation of the mortality profiles the observed pathological conditions and of the chemical data all set in the cultural context of the era brings new evidence to bear on the reconstruction of living conditions in Byzantine Crete Individual chapters look at the demographic profiles and mortality patterns of adult and non adult populations and study dietary habits and breastfeeding and weaning patterns In addition this book provides an indispensable body of primary data for future research in these fields and so furthers an interdisciplinary approach in tracing the health of the past populations **Tiberius and His Age** Edward Champlin, 2024-11-05 As any reader of Tacitus Annals or Suetonius biographies knows Rome's second emperor was a mere hypocrite when he was not a thoroughgoing villain treacherous grasping depraved and vindictive But in *Tiberius and His Age* Edward Champlin develops the overlapping themes of luxury sex power and especially myth to show that the man was and was seen by contemporaries to be a far more complex and recognizable human being than the villainous hypocrite of hostile tradition As worthy successors to the landmark *Nero* the nine studies gathered here draw on vast amounts and diverse kinds of evidence much of which will be unknown even to specialists to present lucid arguments and startling new perspectives on Tiberius and the culture of his times The first four chapters survey Tiberius's standing as a figure out of folklore in the popular imagination and his own quite conscious use of themes from myth to consolidate his power The next two chapters show how striking but ultimately incoherent fictions of sexual depravity shaped the image of the emperor that our literary sources passed along to later generations And in the book's concluding section portraits of three men in Tiberius's orbit the gourmands Asellius Sabinus and Marcus Apicius and the emperor's lieutenant Sejanus show how even lesser figures can throw new light on this pivotal period in Rome's history and our own **Critical Approaches to the History of Western Herbal Medicine** Susan Francia, Anne Stobart, 2015-08-27 An interdisciplinary collection that brings together work focused on the historical use of plants as medicines from various fields **Annals of the Caliphs' Kitchens** Nawal Nasrallah, 2007-12-31 This English translation of al Warraq's tenth century cookbook offers a unique glimpse into the culinary culture of medieval Islam Hundreds of recipes anecdotes and poems with an extensive Introduction a Glossary an Appendix and color illustration Informative and entertaining to scholars and general readers **The Social Archaeology of Food** Christine A.

Hastorf, 2017 Introduction The Social Life of Food Part I Laying the Groundwork Framing Food Investigation The Practices of a Meal in Society Part II Current Food Studies in Archaeology The Archaeological Study of Food Activities Food Economics Food Politics Power and Status Part III Food and Identity The Potentials of Food Archaeology Food in the Construction of Group Identity The Creation of Personal Identity Food Body and Personhood Food Creates Society **Anglo-Saxon England: Volume 31** Michael Lapidge, Malcolm Godden, Simon Keynes, 2003-04-21 Ten papers from the 10th conference of the International Society of Anglo Saxonists held at the University of Helsinki in 2001 Contents The landscape of Beowulf Margaret Gelling Scaef Japheth and the origins of the Anglo Saxons Daniel Anlezark The Anglo Saxons and the Goths rewriting the sack of Rome M R Godden The Old English Bede and the construction of Anglo Saxon authority Nicole Guenther Discenza Daniel the Three Youths fragment and the transmission of Old English verse Paul G Remley An integrated re examination of the dating of Oxford Bodleian Library Junius 11 Leslie Lockett Aelfric on the creation and fall of the angels Michael Fox The colophon of the Eadwig Gospels Richard Gameson Public penance in Anglo Saxon England Brad Bedingfield The Bayeux Tapestry invisible seams and visible boundaries Gale R Owen Crocker Bibliography

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