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# American Red Cross Lifeguard Course Written Exam Practice Test | Latest Version | 2025/2026 | Correct & Verified

What is the primary responsibility of a lifeguard?

- A. Enforce pool rules
- B. Keep the pool area clean
- ✓✓C. Prevent and respond to emergencies
- D. Organize swimming lessons

Why is it important for lifeguards to scan their assigned zones continuously?

- A. To ensure swimmers follow the rules
- B. To be prepared for their next break
- ✓✓C. To quickly recognize and respond to potential emergencies
- D. To count the number of swimmers in the pool

What is the first step a lifeguard should take when approaching an unconscious swimmer?

- A. Check for a pulse
- B. Perform rescue breathing

# American Red Cross Lifeguard Written Test Review

**Cornell University**



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