

You may think you know knife fighting theory through books, magazines, and martial arts training, but unless you've actually been in a knife fight, it's all theory!

The knife fighting techniques in *Put 'Em Down, Take 'Em Out* were developed in one of the most violent environments on Earth—inside Folsom Prison. They are techniques that go far beyond what you will encounter on the streets.

In brief and simple language, this book explains the difference between knife fighting fantasy and knife fighting reality. Chapters include:

- **THE BASICS OF KNIFE FIGHTING.** The realistic aspects of knife defense and attack, unknown by those who have never been in a knife fight.
- **KNIFE FIGHTING MYTHS.** Ludicrous knife fighting techniques perpetuated on TV and in the movies, as well as the absurd (and even dangerous) methods taught by martial art instructors.
- **TRAINING.** Direct, no-nonsense training methods that will maximize your chances of survival and success in a knife fight.

The majority of knife fighting "experts" out there are writers, not fighters—the battles they engage in take place on paper! With *Put 'Em Down, Take 'Em Out*, you will learn the facts from a man who has been there and back, to help you deal with one of the deadliest encounters you will ever face on the streets.



WARNING

The techniques and drills depicted in this book are extremely dangerous. It is not the intent of the author, publisher, or distributor of this book to encourage readers to attempt any of these techniques or drills without proper professional supervision and training. Attempting to do so can result in severe injury or death. Do not attempt any of these techniques or drills without the supervision of a certified instructor.

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DON PENTECOST

PUT 'EM DOWN, TAKE 'EM OUT!



Knife Fighting Techniques from Folsom Prison

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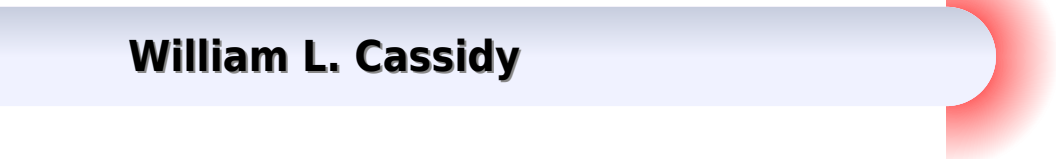
PUT 'EM DOWN, TAKE 'EM OUT!



Knife Fighting Techniques from

Army Knife Fighting Manual

William L. Cassidy



Army Knife Fighting Manual:

The Red Army Guerrilla Warfare Pocket Manual, 1943 Lester Grau, Michael Gress, 2019-11-19 The indispensable guerilla warfare manual first developed by the Russian military during WWII with a thorough introduction on its legendary history During the Second World War the Red Army developed The Partisan s Companion to train Soviet guerillas to fight Nazi invaders It contains the Soviet lessons of two bitter years of war covering field craft guerilla tactics German counter guerrilla tactics demolitions German and Soviet weapons scouting camouflage anti tank warfare and anti aircraft defense for squad and platoon level instruction It proved so effective that it was later used to train Third World guerrillas in their wars of national liberation during the 1950s 70s and even the Fedayeen guerrillas who fought US and coalition forces in Iraq The Soviet partisans moved and lived clandestinely harassed the enemy and supported the Red Army through reconnaissance and attacks on German supply lines They clearly frustrated German logistics and forced the Germans to periodically sideline divisions for rear area security The partisans and their handbook were a vital part of the eventual Soviet victory over Germany This pocket manual puts The Partisan s Companion in context explaining its importance The OSS Combat Manual James Loriga, The Total Knife Manual T. Edward Nickens, The Editors of Field & Stream, 2018-09-25 Everything you need to know about choosing the right knife using it correctly keeping it sharp and more from the author of The Total Outdoorsman Manual Whether you re hunting fishing camping cooking or facing a life or death survival situation one thing is certain you need a good knife In this authoritative book from Eddie Nickens Field Stream editor at large detailed design workshops provide an in depth education in what makes a great knife as well as how to choose the right knife for the job Hands on practical tips detail how to use your knife in a wide range of everyday on the go and even life and death situations from whittling a tent peg to dispatching a wild hog Special features celebrate the greatest knives ever made and the craftsmen who changed the game forever For everyone from the casual camper looking to find the right all around tool to carry on his belt to the connoisseur and collector who can tell a Victorinox from a Wenger at 100 paces Black Belt, 2001-05 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world *Technical Manual* United States. War Department, 1944 *The Complete Book Of Knife Fighting* William L. Cassidy, 1975 This is the classic book on knife fighting from one of the world s foremost experts From it you will learn all the facets of the art assassination methods history and development of knife design and in depth reviews of the techniques perfected by Fairbairn Biddle Applegate and others Rare photos and never before published info on Oriental techniques **Monthly Catalog of United States Government Publications**, 1994 **Black Belt**, 2004-12 The oldest and most respected martial arts title in the industry

this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known martial arts figure in the world *Military Combative Masters of the 20th Century* Tank Todd,2005 Profiles of military armed and unarmed combat instructors from around the world past and present **U.S. Army Hand-to-Hand Combat** U.S. Department of the Army,2009-11-03 From the Advanced Threat Infrared Countermeasures to the XM320 grenade launcher this comprehensive guide profiles nearly every weapon currently in use by the U S Army In addition it covers cutting edge technology that will soon be employed by soldiers around the world Missiles small arms biological detection systems rockets reconnaissance systems radios planes bows and arrows believe it or not you name it this book has it Also included is a thorough discussion of Future Combat Systems FCS the system of systems that when fully operational will provide the army and the joint force with an unprecedented capability to see the enemy engage him on their terms and defeat him on the twenty first century battlefield *Monthly Catalogue, United States Public Documents* ,1987-05 **The G.I. Collector's Guide: U.S. Army Service Forces Catalog, European Theater of Operations** Henri-Paul Enjames,2022-09-21 In World War II the U S Army not only supplied its soldiers with the most modern equipment and uniforms suitable for any combat situation but went as far as providing them with their favorite drinks or candy bars and seemingly anything else they might require This comprehensive reference book brings together all the equipment issued to American soldiers in the European Theater of Operations 1943 45 Each item is presented with its catalog numbers described in detail and fully depicted in photographs including close ups of the labels to aid identification of items Graphics and diagrams offer additional information and context This second volume of the G I Collector s Guide is fully revised with the addition of sections including personal equipment trophies and souvenirs the wartime draft and Stateside training and the life of POWs in German camps More than one thousand new artifacts with detailed captions are featured in this completely revised new work Expert Henri Paul Enjames describes all variations of uniform insignia badges weapons and equipment in detail As a complete catalog with high quality photographs this book is invaluable to both family historians researching grandpa s kit found in the attic and to collectors in their quest to find authentic items among the reproductions that flood the modern market United States Army Combat Forces Journal ,1951 **The Leatherneck** ,1996 **U. S. Army Combatives Hand-To-Hand Manual** U. S. Army,2019-09-07 p BEWARE Many other sellers on Amazon are selling the Obsolete FM 21 50 This is the updated official FM 3 25 150 which contains more pages and updated information The printed Combatives Hand to Hand Manual is in the convenient 8 5 x 11 inch format The book contains over 260 pages and hundreds of photographs Hand to hand combat is the ultimate test of a Soldier s ability to fight and test their toughness mentally and physically The U S Army s experts and instructors have created this handbook with the benefit of decades of experience to teach how to fight win and survive The

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Hanbo Jutsu: Use of hanbo, cane and walking stick for self defense Joseph Truncale,2015-04-05 Here is a manual for anyone interested in the basic use of the Hanbo cane and walking stick for self defense This Pro Bushi Basic Manual covers the essential techniques and tactics needed to defend yourself against most common types of attacks The Hanbo cane and walking stick are one of the few legal weapons that can be carried on planes or in court rooms **Black Belt** ,2004-11 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world Domestic Security (LEVI) Guidelines United States. Congress. Senate. Committee on the Judiciary. Subcommittee on Security and Terrorism,1983 *Air Forces Manual* United States. Army Air Forces. Training Aids Division,1945

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