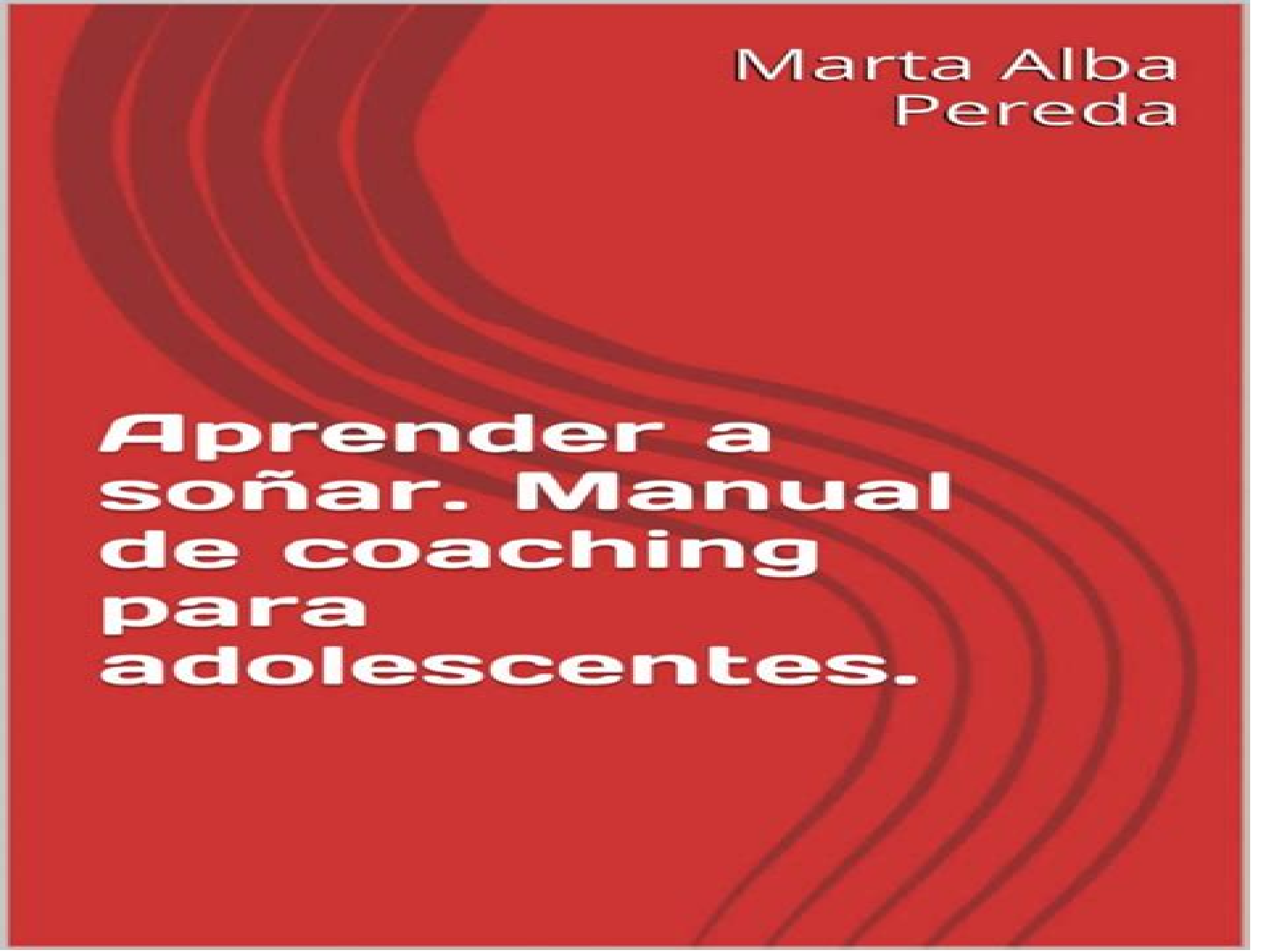


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Pareda

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# Aprender A Sonar Manual De Coaching Para Adolescentes

**DP Hallahan**



## **Aprender A Sonar Manual De Coaching Para Adolescentes:**

**Manual de Coaching para Adolescentes** Marta Alba Pereda, 2014-10-17 Presentamos el primer libro sobre coaching para adolescentes Sinceramente ya era hora Ofrecemos a nuestros j venes una educaci n del siglo XIX les exigimos destrezas del XXI y les educamos parcialmente desatendiendo su mundo emocional subconsciente y creativo Con un lenguaje sencillo y asequible se ir guiando al lector desde la base misma de todo el qui n soy yo hasta las cotas m s elevadas del desarrollo humano aquello en lo que reside nuestra aportaci n a los dem s Todo ello con un gran n mero de sencillas tareas y ejercicios que ayudan a ser conscientes de lo que los limita y lo que puede ayudarlos a conseguir sus metas mas preciadas sus sue os Un libro muy recomendable tambi n para padres de adolescentes que deseen guiar a su hijos en el proceso de vida mostr ndoles el camino para alcanzar sus logros Padres y madres que crean que otra forma de educar y de existir es posible Y qui n sabe tal vez en ese intento de ayudar a sus hijos ellos mismos descubran sus propios sue os olvidados Ojal esto sea una epidemia que buena falta nos hace *Educaci3n en valores a trav3s del coaching educativo* Paloma Vivar Dur3n, 2021-11-19 En el siguiente proyecto se presentan una serie de talleres para docentes basados en la educaci3n en valores a trav3s del coaching educativo trataremos de descubrir que es importante en nuestra vida y cuales son los valores que nos mueven a la acci3n Trabajaremos herramientas de coaching con el objetivo de crear consciencia y reflexi3n en los docentes El primer paso es la formaci3n de los docentes para m s tarde desempe ar una pr3ctica mejorada en sus competencias e integrar la formaci3n en valores en el aula a trav3s del ejemplo y la puesta en marcha de las herramientas trabajadas Con estos talleres buscamos fomentar la transformaci3n del sistema educativo a trav3s del coaching educativo y sus herramientas Planteamos tres talleres de coaching focalizados en los valores de integridad libertad y responsabilidad Ganar confianza. Coaching para un adolescente Jos3 Mar3a Gasalla Dapena, 2015-03-10 Jos Mar3a Gasalla prestigioso conferenciante con amplia experiencia en el sector del coaching a nivel internacional escritor y profesor de Deusto Business School aporta por medio de esta obra ideas m todos sugerencias formas de relacionamiento a padres y educadores para ayudarlos en esa misi3n de acompa antes en la compleja pero maravillosa etapa de la adolescencia y la juventud Ganar confianza Coaching para un adolescente ofrece una serie de claves para guiar al adolescente en el complejo camino de definirse como persona haciendo que trabaje y mejore su autoconfianza todo ello narrado con un lenguaje cercano directo y sencillo Coaching Para Desarrollar El Talento En Adolescentes: Coaching, Psicolog Uriel Alberto Godoy, 2018-10-04 El objetivo de Coaching Para Desarrollar el Talento en Adolescentes es precisamente el concientizar a la poblaci3n *T3cnicas de estudio para adolescentes desde la neuroeducaci3n* Mar3a Caballero, 2024 **Manual de Consejer3a para el trabajo con Adolescentes** Esteban Obando, Karen Lacota, Adri3n Intrieri, 2018-03-01 Manual para adolescentes Defenderse con Palabras Expertia, 2025-07-05 Cuando sos adolescente todo se vuelve m s intenso lo que sent s lo que pens s lo que no dec s Te enfrent s a burlas presiones interrupciones silencios inc modos y muchas veces no sab s c mo reaccionar Este manual existe para acompa arte en ese camino no para ense arte a

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