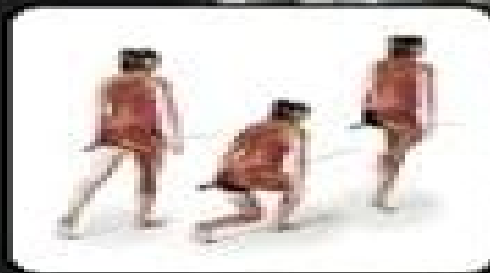
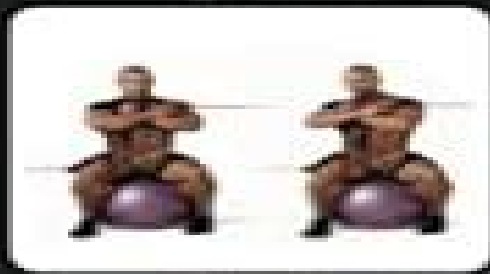


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BEYOND EXERCISE

How Biomechanics Saved my Life and Can Change Yours

By Pamela Minke

Beyond Exercise How Biomechanics Saved My Life And Can Change Yours

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