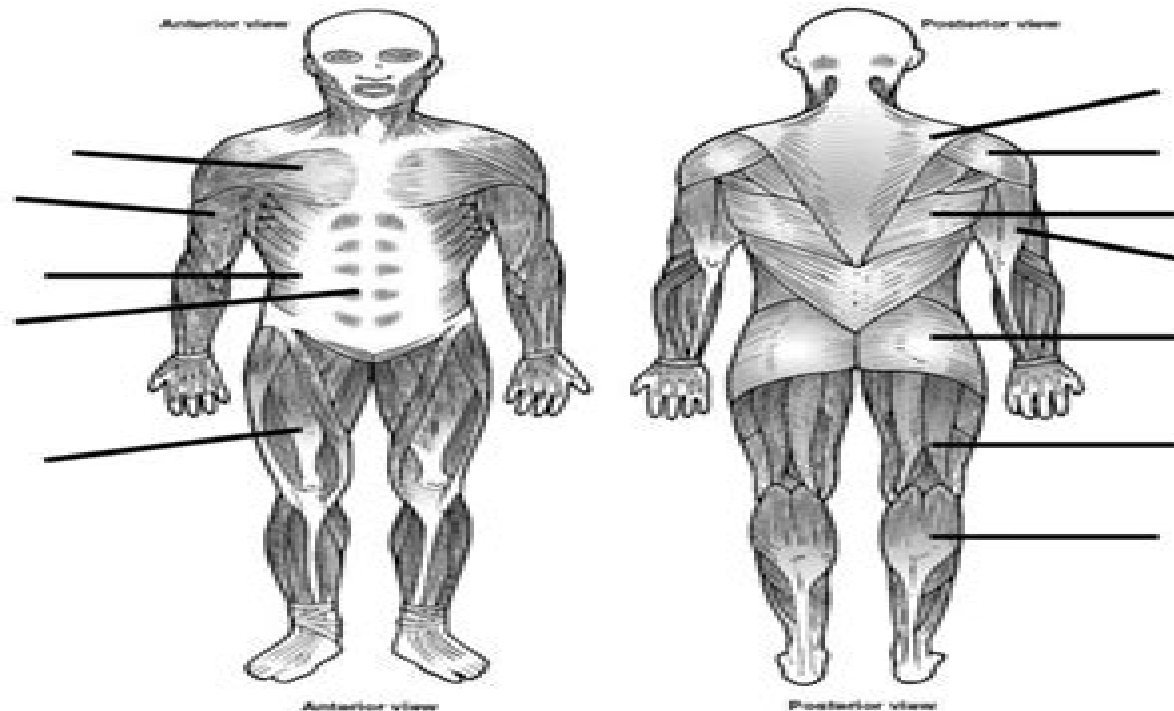


Worksheet – Major Muscles



Label these diagrams to show that you are able to identify the major muscles of the human body.



Names of missing muscle labels

Pectoralis Major

Hamstrings

Biceps

Trapezius

Quadriceps

Triceps

Deltoids

Gastrocnemius

Rectus Abdominus

Latissimus Dorsi

External Oblique

Gluteus Maximus

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R Sandford

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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